

unit 6

Listening

1. LISTENING

(Audio: Top Notch 1, Track 8)

A. 🎧 Listen to the conversations. Look at the pictures. Then listen again and write the letter of the picture that matches each conversation.

Example: c

- (1) _____
 (2) _____
 (3) _____
 (4) _____
 (5) _____

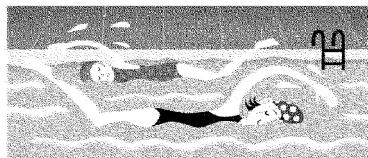
a.



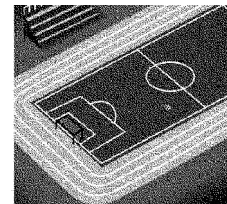
b.



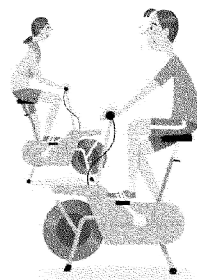
c.



d.



e.



f.



B. 🎧 Listen to the words. Read the third-person singular verbs in the simple present tense below. Then listen again and check (✓) the last sound you hear in each word.

	/s/	/z/	/ɪz/
Example: has		✓	
(6) a. exercises			
b. thinks			

Name: _____

ID: A

c. misses			
(7) a. knows			
b. wants			
c. plays			

Completion

Complete each statement.

Complete the sentence or question with a form of can or have to and the verb indicated. Use a capital letter when necessary. Use contractions when possible.

Example:

I can't go (not / go) to the gym today.

2. I _____ (not / play) basketball tonight. I _____ (write) a report for my boss.
3. Sorry, we _____ (not / come) for dinner tonight. I _____ (work) late.
4. _____ you _____ (study) now? _____ you _____ (go) to the park with me?
5. My son _____ (go) to the doctor this afternoon. He _____ (not / go) to soccer practice.
6. _____ you _____ (go) to the movies tonight or _____ you _____ (work) late?

Complete the conversation with the simple present tense or the present continuous of the verb indicated. Use a capital letter when necessary. Use contractions when possible.

Example:

A: How often do you exercise (you / exercise)?

B: I swim (I / swim) at least five days a week.

7. A: What _____ (you / do) right now?
B: _____ (I / watch) TV. Why?

Name: _____

ID: A

8. A: How often _____ (you / play) tennis?
B: I usually play tennis every day, but today _____ (I / go) swimming.
9. A: What _____ (you / do) tomorrow?
B: _____ (I / eat) lunch with my daughter.
10. A: When _____ (you / play) soccer?
B: _____ (we / meet) every Sunday morning.
11. A: How often _____ (you / go) to the gym?
B: _____ (I / go) to the gym twice a week. Actually, _____ (I / go) to the gym tonight.

Read the statement. Then complete the sentence with a phrase from the box. You will not use all of the words.

at the pool	at the track	avoids sweets
eats a lot of junk food	in great shape	a couch potato

Example: My sister hardly ever eats desserts like cookies, cake, or ice cream. And her favorite snack is cheese. She avoids sweets.

12. My parents love to exercise. They work out six days a week and often walk to work. They are _____.
13. I hate to exercise. I like to watch football games on TV.
I'm _____.
14. I swim almost every day. I'm always _____.

Problem

15. READING

Read the paragraph. Then read the statements and check ☒ **true**, **false**, or **no info**.

HEALTH, DIET, AND EXERCISE

Thirty-year-old Harry Baker is beginning to worry about his health, so now he is dieting and exercising. He is avoiding all fatty foods and sweets. Harry finds it difficult to exercise because he is very busy. He works until 7:00 almost every night and often works on weekends. He knows he has to lose weight and be more active, but he is always tired. He likes to watch TV, but watching TV for an hour only burns 71 calories. An hour of golf burns 322 calories, so he tries to play on Saturdays and Sundays. Today he is riding a bike for an hour, and he is burning around 500 calories. He is hoping to lose a lot of weight in the next six months. It takes work, but he is trying very hard to get in shape.



Example: He is dieting.

(1) He doesn't work on weekends.

(2) He works in an office.

(3) He is married.

(4) He usually works until 7:00 at night.

(5) He thinks he is out of shape.

(6) He is forty years old.

(7) Watching TV for an hour burns a lot of calories.

(8) He wants to lose weight.

true	false	no info
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Name: _____

ID: A

Essay

16. **Write about your own diet and exercise routine. Write at least three sentences.**

unit 6
Answer Section

LISTENING

1. ANS:
 - (1) b
 - (2) f
 - (3) a
 - (4) e
 - (5) d
 - (6) a. /ɪz/
 b. /s/
 c. /ɪz/
 - (7) a. /z/
 b. /s/
 c. /z/

Audio: Top Notch 1, Track 8

Audioscript:

A.

Example:

A: It's hot today!

B: It sure is! Do you want to go swimming?

A: That's a great idea.

(1)

A: Does your wife play tennis?

B: Edith? No way. She's a couch potato.

A: Too bad. My wife plays every week.

(2)

A: I have to get out of this house—I need some fresh air!

B: Why don't you go to the park?

(3)

A: How often do you play golf?

B: Just about every weekend. Do you want to play together sometime?

A: That would be great.

(4)

A: Where are you going?

B: To get some exercise—lift weights, run on the treadmill.

A: You're always at the gym!

(5)

A: We're heading down to the athletic field to play soccer. Want to come with us?

B: That sounds like fun. Can you give me a minute to get ready?

B.

Example: has

(6)

a. exercises

b. thinks

c. misses

(7)

a. knows

b. wants

c. plays

PTS: 0

DIF: 1

REF: Top Notch 1 Unit 06

SKL: Listening

COMPLETION

2. ANS: can't play, have to write

PTS: 0

DIF: 2

REF: Top Notch 1 Unit 06

OBJ: CAN and HAVE TO

SKL: Grammar

3. ANS: can't come, have to work

PTS: 0

DIF: 2

REF: Top Notch 1 Unit 06

OBJ: CAN and HAVE TO

SKL: Grammar

4. ANS: Do, have to study, Can, go,

PTS: 0

DIF: 2

REF: Top Notch 1 Unit 06

OBJ: CAN and HAVE TO

SKL: Grammar

5. ANS: has to go, can't go

PTS: 0

DIF: 2

REF: Top Notch 1 Unit 06

OBJ: CAN and HAVE TO

SKL: Grammar

6. ANS: Can, go, do, have to work

PTS: 0

DIF: 2

REF: Top Notch 1 Unit 06

OBJ: CAN and HAVE TO

SKL: Grammar

7. ANS: are you doing, I'm watching

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
OBJ: The simple present tense and the present continuous SKL: Grammar

8. ANS: do you play, I'm going

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
OBJ: The simple present tense and the present continuous SKL: Grammar

9. ANS: are you doing, I'm eating

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
OBJ: The simple present tense and the present continuous SKL: Grammar

10. ANS: do you play, We meet

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
OBJ: The simple present tense and the present continuous SKL: Grammar

11. ANS: do you go, I go, I'm going

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
OBJ: The simple present tense and the present continuous SKL: Grammar

12. ANS: in great shape

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
SKL: Vocabulary

13. ANS: a couch potato

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
SKL: Vocabulary

14. ANS: at the pool

PTS: 0 DIF: 1 REF: Top Notch 1 Unit 06
SKL: Vocabulary

PROBLEM

15. ANS:
(1) false
(2) no info
(3) no info
(4) true
(5) true
(6) false
(7) false
(8) true

PTS: 0
SKL: Reading

DIF: 1

REF: Top Notch 1 Unit 06

ESSAY

16. ANS:
(*Sample response:*) I try to eat healthy foods. I exercise at least five days a week. I like to walk and swim.

PTS: 0
SKL: Writing

DIF: 3

REF: Top Notch 1 Unit 06