

Progress Test 8A

Name: _____

Grammar

1 Complete the sentences with the correct form of the modals below and the verbs in brackets. You will need to use some of the modals more than once.

be able to have to might must need would

- 1 I _____ (go) to the station to meet Rita because there were a lot of taxis there when I arrived.
- 2 It _____ (be) difficult balancing a job and a family for all those years.
- 3 The company made a good profit last year so they _____ (give) everyone a big bonus.
- 4 My gran _____ always _____ (buy) doughnuts when she knew I was coming round for tea!
- 5 Bill disappeared for two days last March, but he _____ (tell) anyone where he'd been.
- 6 His English is improving all the time so he _____ (apply) for jobs in England shortly.
- 7 I _____ (want) to go to work for that company at the moment – they're not doing very well.
- 8 We _____ (hand) in this work until Friday afternoon, thank goodness!
- 9 I _____ (be) about eleven when I saw this film for the first time.
- 10 It _____ (take) a long time to get to Manchester by car – it depends on the traffic on the motorway.

Mark: ____/10

2 Complete the second sentence so that it has a similar meaning to the first sentence, using the words in capitals. The word cannot be altered in any way.

- 1 I'm sure she is looking for a job. BE
She _____
- 2 You really should go and visit your grandmother. OUGHT
You _____
- 3 When Tony was at university he always went out on Friday night. GO
Tony _____
- 4 It's likely she hasn't passed the exam. NOT

She _____

5 I'm certain they didn't call me. HAVE

They _____

6 Can't we order some pizza instead? RATHER

I _____

Mark: ____/6

3 Choose the correct answer.

1 They stayed at the same hotel so they _____. But we don't know it for sure.

A could meet B can have met C might meet D may have met

2 It turns out we _____ about the exam. It was much easier than we had expected.

A mustn't have worried B didn't have to worried C don't need to worry D needn't have worried

3 We arrived just in time and _____ the whole ceremony. It was really spectacular!

A could watch B could have watched C were able to watch D might be watching

4 The Browns have financial problems and they _____ their house. I have no idea where they will be living if they do.

A might have sold B may have to sell C ought to have sold D could have sold

Mark: ____/4

Vocabulary

4 Complete the sentences with the correct item of clothing.

1 The driver got hot under the _____ when the pedestrian started to shout at him.

2 Winning the award was a real feather in his _____.

3 Sam's mum definitely wears the _____ in their household!

4 I'd come with you to Spain at the drop of a _____. You just have to ask!

5 He got into a lot of trouble at work for an off-the-_____ comment he made about a client.

Mark: ____/5

5 Complete the sentences with the words in the box. There are two more words than you need.

light plain raw rich rotten stale tough

1 I nearly broke a tooth at the restaurant – the meat was so _____.

2 _____ food like red meat and cheese always gives me indigestion.

3 The protester threw _____ eggs at the politician. They smelled awful!

4 Don't forget to put out some _____ bread for the birds this winter.

5 I'll just have a _____ snack before we start the journey.

Mark: ____/5

6 Choose the correct answers.

1 She looked rather _____ after her walk along the beach.

A scrawny B shabby C dishevelled

2 Is that her own hair or has she had _____?

A plaits B a bob C extensions

3 Rafa Nadal was wearing a new _____ in the tennis final yesterday.

A cravat B bandana C buckle

4 After trekking in the mountains Dave needed a good shave to get rid of three days' _____

A stubble B goatee C dreadlocks

5 How on earth do you get into those _____-tight jeans?

A zip B long C skin

6 Helen used to wear her long hair in _____ when she was younger.

A a chain B plaits C extensions

7 Watch you don't trip over – your _____ are undone.

A buttons B buckles C laces

8 Everyone wears _____-toed shoes in the hot weather.

A loose B open C full

9 I took one _____ of the cough medicine and immediately felt sick.

A pinch B knob C sip

10 I think we need a _____ of holly or something on the Christmas cake, don't you?

A sprig B clove C slice

Mark: ____/10

Use of English

7 Rewrite the sentences using the most appropriate word in the correct form or phrase.

1 The number of people watching shows like Big Brother and X Factor has dropped abruptly in the last year. (SLUMP/TAIL)

2 She suddenly had an intense desire to eat her mother's home cooking. (TOUCH/CRAVE)

- 3 Sales of these trainers increased sharply after Usain Bolt wore them at the Olympics.
(ROCKET/PLUMMET)

- 4 After a difficult start, the café's profits gradually increased to a healthy level. (CREEP/PLATEAU)

- 5 The day after the marathon I stuffed myself with unhealthy junk food. (GORGE/TREAT)

- 6 There was a lot of interest at first, but the number of enquiries about the project has gradually reduced. (PLUMMET/TAIL)

- 7 Marlene always has a pudding. She has a real love of cakes and puddings. (SWEET/FOODIE)

- 8 Since Dad started his diet, he's not allowed to eat most of his favourite foods. (MENU/GORGE)

- 9 We are seeing more and more people taking up a new sport. (TREND / REJECT)

- 10 I think we had approximately 700 guests last night. (REGION/MULTIPLY)

Mark: ____ /10

Listening

- 8 [🔊] Listen to four people talking about different celebrity chefs. Are the sentences true or false?
- 1 Speaker 1 thinks Heston Blumenthal has a talent for putting things together that we normally wouldn't expect. T / F
- 2 Speaker 1 says that Heston Blumenthal is on television a lot more than other chefs. T / F
- 3 Speaker 2 mentions that Jamie Oliver is also involved in promoting healthy eating. T / F
- 4 Speaker 3 observes that Gordon Ramsay isn't a very calm person. T / F
- 5 Speaker 4 admires the fact that Delia Smith doesn't overcomplicate recipes. T / F

Mark: ____/5

Reading

9 Read the text. Choose the best answers.

The height of fashion

If, like myself, you have recently suspected that women are growing taller these days, and wondered which dietary supplements are contributing to this spurt in growth, then be assured – this is no magical twist in evolutionary development, it is simply the current obsession with high-heeled shoes. This trend, like many before it, shows that some people are willing to suffer any amount of pain or discomfort, and even jeopardise their health, in the name of fashion.

It may be a cliché, but women especially are quite happy to admit that they are ‘slaves to fashion’. If we look a long way back in time, there was a period when tiny waists were to die for – and many women nearly did! They wore corsets so tight that they displaced internal organs and even cracked their ribs. Men were not immune to paying the price for vanity either. In seventeenth-century Europe, the popular male practice of using white face powder to give the pale, interesting look could be rather dangerous, as the early powders contained arsenic!

One of more recent major fashion health hazards is the six-inch heels made popular by celebrities and catwalk models the world over, despite various public tumbles. It’s certainly true that the extra height is slimming and glamorous, and the high heels make even the dumpiest person’s feet look quite stunning. What is a problem, however, is when the wearers of such footwear attempt to actually move! Apart from the likelihood of falling over and twisting an ankle, the possible damage to the body is significant. It goes without saying that the feet can be badly affected – resulting later in life in distorted toes and bunions – but the problems can also extend to the whole skeleton, as the posture the wearer has to adopt to stay upright can cause severe back problems. Add to this the fact that the wearer may also be carrying a fashionably big bag over one shoulder, and it’s clear that the poor vertebrae don’t really stand a chance.

There is one advantage to the fashion for such high heels. Social interaction is obviously restricted, as most wearers can do little more than stand in the same place or sit. This allows the shorter, flatter-footed amongst us to run rings round them at parties!

1 In the first paragraph the writer explains

- A how to increase our growth.
- B how to be healthy and look good.
- C that external appearance can be the most important thing for many people.
- D that women have more health problems than men because they follow fashion.

2 Unhealthy fashion trends

- A can influence both genders.
- B are a relatively recent phenomenon.
- C usually involve using toxic substances.
- D cost an excessive amount of money.

3 Very high shoes

- A can make us look elegant.
- B can make some of us look fatter.
- C can make people’s feet look ridiculous.

D can make people look dumpy.

4 Wearing high shoes

A has an immediate effect on our feet.

B alters our posture dramatically.

C can be dangerous for others.

D may improve our muscle strength.

5 At parties, if you wear high-heels

A the higher the heels, the better you can dance.

B more people approach you to start a conversation.

C other people have the chance to enjoy the occasion.

D high shoes make a good topic of conversation.

Mark: ___/5

Writing

10 Write a report of 200–250 words about a restaurant that you think is worth a visit.

- Paragraph 1: Introduce the restaurant and give a brief overview.
- Paragraph 2: Describe the menu and service.
- Paragraph 3: Describe the style and atmosphere of the restaurant.
- Paragraph 4: Summarize your report and say why you would recommend this restaurant particularly.

Make sure your report contains all the points listed and is written in an appropriate style for a restaurant review.

Mark: ___/10

Total: ___/70