NEW FRONTIERS

WORKBOOK

3

A2 Pre-Intermediate

NEW FRONTIERS 3 A2 Pre-Intermediate WORKBOOK

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Scan for Audio

1 Look at the pictures. Label the activities. Then listen and circle the answers. Track 1-01

1. What is Rachel doing now?







_____ _____ _____

2. What activity is Seth interested in the most?







_____ _____ _____

3. What does Molly like to do?







_____ _____ _____

2 Listen and circle the answers. Track 1-02

1. Dan hopes to talk about _____.
   a. a dance class b. a writing assignment c. a hockey game
2. How long does Staci's ballet class last?
   a. thirty minutes b. two hours c. an hour
3. Staci dances _____.
   a. ballet and tap b. tap and modern c. ballet, tap, and modern
4. What does Dan want to study in college?
   a. sports medicine b. all sports c. dance
5. What does Dan say about ice hockey?
   a. It's easy to learn to play once you learn to skate.
   b. It takes eight years to learn to play well.
   c. It's hard to learn how to play.



3 Answer the questions on a separate piece of paper.

1. Which team sport do you enjoy most? Why?
2. Do you enjoy any extreme sports? Why or why not?
3. Are you interested in art? What kind?

Lesson B

1 Read. Then write the words.



1. A device used to play music r ___ ___ ___ ___
2. An activity or interest people do for fun h ___ ___ ___ ___
3. A game played on a board with two different colored pieces c ___ ___ ___ ___ ___ ___ ___
4. A kind of exercise that uses repeated movements and dance a ___ ___ ___ ___ ___ ___ ___
5. To look around and find information about a place e ___ ___ ___ ___ ___ ___

2 Listen and read the statements. Then find the errors and rewrite the sentences. Track 1-03

1. Sam wants to do aerobics with Grace. _____
2. Grace has to play a game. _____
3. Grace would like Sam to do aerobics with her. _____
4. Sam will explore with Grace. _____

3 Complete the conversation with your own words in the given verb form. Answers will vary.

1. M: I like _____ (present continuous) every day after school. What do you do after school?
   W: I study after school.
2. W: Let's _____ (simple present) a movie this weekend.
   M: Thanks for the offer, but I have other plans.
3. M: Christine, can you _____ (simple present) me with this assignment?
   W: Of course, I can.
4. W: What are you _____ (present continuous) for your summer vacation?
   M: We are traveling to New York City this summer.

4 Circle the best responses.

1. Will you take a writing class with me?
   a. No problem. I have a writing class. b. Sure! I have to study. c. Sounds like fun!
2. Do you want to enter this year's talent show?
   a. I'd love to, but I can't. b. Sure! That sounds horrible. c. I enjoy boxing.
3. Would you like to explore the museum this afternoon?
   a. I don't have the energy to read a book.
   b. Sounds great! Thanks for asking.
   c. I can play tennis or sing a song.
4. Do you feel like playing a game of squash?
   a. Of course, I'd love to!
   b. That's why I have a diary.
   c. I'm sorry, but I love squash.



Lesson C

1 Circle the correct answers.



1. Milly and Dave _____ a healthy lifestyle.
   a. to live b. living c. live
2. Milly enjoys doing _____ for exercise.
   a. yoga b. match c. enter
3. This activity helps Milly to feel _____.
   a. card game b. medal c. relaxed
4. To keep _____, Dave plays rugby.
   a. active b. match c. quiet
5. Dave is playing in a _____ this weekend.
   a. boxing b. competition c. music

2 Read. Then choose *Right*, *Wrong*, or *Doesn't say*.

A Healthy Lifestyle

Some habits might help people live longer. Researchers think that the key is eating well and being active.



Having a healthy diet is important. It's important to eat a good amount of fruits and vegetables. Not all foods are good for you, though. Having too many fruits can still be bad for you. You should also avoid junk foods and sweets. A treat once in a while isn't bad, but don't let them become a regular part of your diet.

Being active is also important. Sometimes it can be hard to find an activity you like. You don't have to play a sport like rugby. You can walk or run. You can ride a bike or hike. You can do yoga or dance. It doesn't matter what activity you do. But it is important to do something.

With these small changes, you will live a longer, healthier life!

1. The passage is about rugby.
   a. Right b. Wrong c. Doesn't say
2. Eating fruits and vegetables is an important part of a healthy diet.
   a. Right b. Wrong c. Doesn't say
3. The passage says you should not have junk foods and sweets.
   a. Right b. Wrong c. Doesn't say
4. Being active is important for living a long life.
   a. Right b. Wrong c. Doesn't say
5. Sports are the best way to stay physically active.
   a. Right b. Wrong c. Doesn't say
6. Doing yoga or playing rugby can help ensure a healthy lifestyle.
   a. Right b. Wrong c. Doesn't say

Lesson D

1 Complete the sentences by adding the missing vocabulary words.



1. I am visiting a ___ ___ ___ e ___ ___ ___ country this summer.
2. Please update your ___ ___ ___ f ___ ___ ___ on the website.
3. Our ___ ___ i ___ ___ ___ ___ ___ grows lettuce in her garden.
4. Have you met all the ___ ___ ___ ___ ___ ___ s of my family?

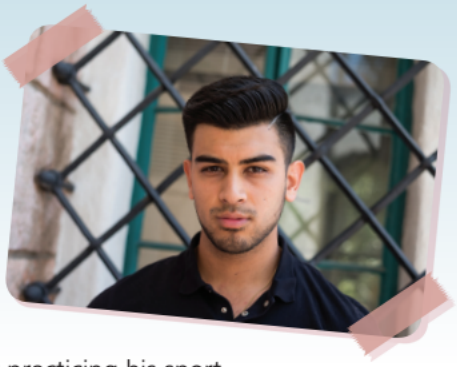
2 Fill in the blanks with the words in the box.

play	listen	entering	listening	enter	playing

1. You need to _____ to your mother.
2. I think _____ the competition is a great idea.
3. She isn't _____ to the radio today.
4. How about _____ a game of checkers tonight?
5. They can _____ the building through this door.
6. All team members _____ in every game.

3 Read and circle the best words to fill in the blanks.

Name Isaac Chávez **Height** 186 cm
Age 17 **Nationality** American
Grade 11



Biography

Isaac is an athlete. He is a 1. _____ of the school's basketball team. He 2. _____ playing many different sports. One interesting 3. _____ about Isaac is that he loves 4. _____ and art. When he isn't practicing his sport, he is looking up 5. _____ about different artists. It is his dream to study art in a(n) 6. _____ country.

1.	a. member	b. playmate	c. profile	2. a. relaxes	b. explores	c. enjoys
3.	a. play	b. fact	c. team	4. a. painting	b. profile	c. neighbor
5.	a. medals	b. lifestyles	c. information	6. a. foreign	b. relaxed	c. active

4 Read. Find and correct the mistakes. (5 mistakes)

I am train to become a boxer. Every weekend, my neighbor Mr. Tomkins helping me train. We going to a special gym. I work with other members of the gym to getting better at boxing. My first match is next week. I'm work hard to win the match.

_____

_____

_____

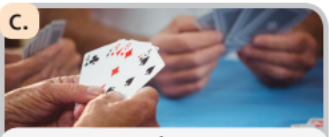
Lesson E

1 Listen. Then circle the correct answers. Track 1-04

1. What does Megan need Max to look at?

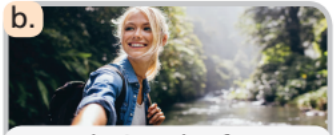
a. 
someone shuffling things

b. 
a game code

c. 
a card game

2. What does Steve need help with?

a. 
figuring out the answer

b. 
exploring the forest

c. 
analyzing some information

3. What needs to be done after data is collected and before writing?

a. 
It needs to be analyzed.

b. 
It needs to be reported.

c. 
It needs to be tested.

4. What does Sarah think is a good idea?

a. 
keeping a diary

b. 
shuffling things around

c. 
making a schedule

2 Listen again. Then complete the sentences. Track 1-04

1. Megan is _____ a new game.
2. Diane has to _____ for an exam.
3. Students must _____ the data first.
4. Sarah and Mike think _____ things in his schedule is a good idea.

3 Read. Find and correct the mistakes. (3 mistakes)

My sister is getting married in two months. I'm help her create a seating arrangement. We having to figure out who will sit where. It's important to have people sit with others who have similar interests. So, we needs to get some information about each person.



_____

_____

_____

4 Unscramble.

1. information / How about / this / together? / analyzing

_____

2. like / a / to see / magic trick? / Would you

_____

3. love to, / I'd / but I / team sports. / don't enjoy

_____

4. to / learning / I'm / skateboard.

_____

Review

Look at the checklist. Complete the activities and check the things you can do.

	Unit 1: Checklist	Yes (O)	No (X)
A	I can understand people's interests.		
B	I can describe something I like to do.		
C	I can understand different lifestyles.		
D	I can write a profile.		
E	I can make a seating arrangement.		

Score / 5

1 Fill in the blanks with the words in the box.

painting team competition playing

1. I enjoy _____. That is why I am training for a boxing match.
2. I am _____ a very important baseball game this evening.
3. I love most _____ sports. I play soccer, basketball, and lacrosse.
4. The hobby I enjoy most is _____. I will study art in college.

2 Write about one of your hobbies.

_____

_____

3 Circle the correct answers.

1. James enjoys yoga and meditation. James has a(n) _____.
   a. active lifestyle b. magic lifestyle c. relaxed lifestyle
2. Kelsey likes to write and paint. She probably has a(n) _____.
   a. active lifestyle b. quiet lifestyle c. strong lifestyle
3. Devon has an active lifestyle. He enjoys _____.
   a. playing rugby b. listening to the radio c. singing

4 Write a profile for your best friend.

NAME →
AGE →
HEIGHT →
NATIONALITY →
BIOGRAPHY →

Draw or attach a picture of your best friend.

5 Look at the seating arrangement you created in the Student Book (p. 17). Write a sentence about why you arranged the guests the way you did.

_____