Gotegode Edition



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Starter unit р6



A2

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		Vocabulary 🔍 🔍	Reading	Grammar 🙆	Life skills 觉
Unit 1	It's my life p14	The school day Free-time activities Places to go in a town	The BRIT School Teenage stress An informal email	Present simple affirmative and negative Prepositions of time Adverbs of frequency Present simple questions	Personal well-being: Dealing with stress
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Speaking The alphabet and spelling • Classroom expressions • Saying hello • Telling the time

Listening	Speaking 🔍 🗬 🗩	Writing	✓ Exam success
• Free-time activities Talking about stress Introducing yourself	Introducing yourself Comparing schools Free-time activities	An informal email A video message or informal email	Reading: True/False/ Not Mentioned Listening: Matching
Everyday dialogues Saving energy Speaking on the phone	 Speaking on the phone Famous homes Describing rooms 	► A description of a house A leaflet	Use of English: Multiple- choice cloze Writing: Checking your work
Sepak Takraw	Asking for information	An announcement	Reading: Multiple-choice
Exercise habits Asking for information	Dangerous sports You and sports	A fitness programme	Speaking: Information exchange
 Edinburgh A presentation of a new product Talking about a holiday 	Talking about a holiday Your opinion on graffiti Tourism	• A postcard A presentation	Listening: True/False/ Not Mentioned Speaking: Talking about past events
Charles Dickens Getting the reading habit Talking about a past event	 Talking about a past event Being a professional writer Culture and work 	A story A poster	Reading: Matching Listening: Completing notes

		Vocabulary @	Reading	Grammar 🚱	Life skills 📸			
Unit 6	Eat well, live well p78	Food and drink Containers	What's in your food? The Eatwell plate Invitations	Countable and uncountable nouns some/any/a/an a lot of/much/many should/shouldn't	Physical well-being: Planning a balanced diet			
- 🗸	Gateway to exa	ms: Units 5-6 p90						
Unit 7	Wildlife watch p92	Wild animals and insects The natural world The weather	 Wild Bear prepares to attack again! A quick introduction to infographics Messages 	be going to will/won't Present continuous for future	Numeracy: Using infographics			
Unit 8	The world around me p104	Feelings Personality Social problems	 Happy teenagers? Three charities A newspaper editorial and letter 	Comparative adjectives Superlative adjectives Articles	Social skills and citizenship: Helping a charity			
	Gateway to exa	ms: Units 7-8 p116						
Unit 9	Top shops p118	Clothes Accessories Shops	T-shirts that tell a story Sweatshops	Present perfect Present perfect with ever and never Present perfect with just, already and yet	Money and finance: Investigating ethical trade			
Unit 10	Brilliant brains p130	Useful inventions Creating and inventing Nouns ending in <i>-ion</i>	 Women inventors Pyramids of glass discovered in the ocean A biography 	The passive The passive with by Zero conditional First conditional	ICT: Checking information on the Internet			
	✓ Gateway to exams: Units 9-10 p142 Image: Unit-by-unit wordlist p144 ✓ Exam success p152 ✓ Communication activities p154							

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Listening	Speaking 🔍 💬	Writing	✓ Exam success					
 Fizzy drinks Favourite snacks Ordering food 	 Ordering food Your diet Your ideal menu 	An invitation A poster	Use of English: Missing sentences Writing: Formal and informal style					
► Wildlife centres The Northern White Rhino Making suggestions and plans	 Making suggestions and plans Outdoor activities and survival The natural world where you live 	• A short message A presentation	Speaking: Pair activities Writing: Handwriting and presentation					
News stories Helping a charity Describing a photo	 Describing a photo Comparing countries and social problems Describing feelings 	 A formal letter of opinion A list/plan 	Use of English: Open cloze Speaking: Describing a photo					
Sales Interviews outside a shopping centre Shopping	Shopping A special T-shirt Your clothes	A job application form	Listening: Multiple-choice Use of English: Dialogue activities					
 A science TV programme A student's online investigation A presentation 	A presentation Inventions by women Discussing useful inventions	► A biography A video message	Speaking: Giving presentations Writing: Paragraphs					
Irregular verbs p15	Irregular verbs p157 Vriting bank p158							





lo Work with a partner. Match the words to the pictures.

board • board rubber • CD player • chair computer • desk • dictionary • notebook • pen pencil • pencil sharpener • rubber • ruler • textbook

- 1b 🔘 01 Listen and repeat.
- **2a** SPEAKING Work with a partner. Student A: Draw an object from the classroom. Student B: Say the name of the object.



Colours

3 SPEAKING Work with a partner. Look at the pictures and say the name of a classroom object that is:

1 black	2 white	3 red
4 blue	5	brown
6 green	7 yellow	8 grey
9 pink 10	purple	11 orange

.....

2b Change roles and repeat.

Speaking

The alphabet and spelling

1a PRONUNCIATION (2) 02 Listen. Why are the letters in different lists?



- 1b (2) 02 Listen again and practise saying the lists.
- 2 LISTENING (2) 03 Listen and write the letters. What are the five words?
- 3 Write each word from 2 in numerals. FOUR = 4

Classroom expressions

- 4 Look at these classroom expressions. Translate them into your language.
 - 1 How do you spell that?
 - 2 Can you repeat that, please?
 - 3 What does pencil case mean?
 - 4 I'm sorry, I don't understand.
 - 5 How do you say that in English?
- 5 SPEAKING Ask your partner to spell other numbers. Use classroom expressions from 4 if necessary.

How do you spell 7? S-E-V-E-N. How do you spell 15? Can you repeat that, please?

Some English-speaking countries and nationalities

la Complete the table with these words.

American • Australian • the United Kingdom (UK) Canadian • Ireland				
Capital city	Country	Nationality		
London	1	British or English		
Dublin	2	Irish		
Washington DC	the United States (US)	3		
Ottawa	Canada	4		
Canberra	Australia	5		

1b 🔘 04 Listen, check and repeat.

Speaking

Saying hello

1 LISTENING 🜔 05 Listen and complete the dialogue.



- Boy 1: Hi, I'm Thomas. What's your name?
- Boy 1: Nice to meet you too. How do you spell your name?
- Boy 2: (b)
- Boy 1: Are you English?
- Boy 2: No, I'm not. I'm American.
- Boy 1: How old are you?
- Boy 2: I'm 16. And you?
- Boy 1: I'm 16 too. This is my friend. His name's Luke. He's (c)
- 2 SPEAKING Work with a partner. Practise the dialogue in 1.

2 Work with a partner. Write a list of other English-speaking countries. How many can you think of?



a No, I'm Australian.

b l'm 17.

c E-M-I-L-Y.

d I'm Emily.

3a Match the questions with the answers.

- 1 What's your name?
- 2 How do you spell your name?
- **3** Are you English?
- 4 How old are you?

3b 🜔 06 Listen, check and repeat.

4 LISTENING (2) 07 Listen to the dialogues and choose the correct alternative.



- 1 Name: <u>Amy/Amie</u> Nationality: <u>English/American/Australian</u> Age: <u>16/17</u>
- 2 Name: <u>Katrin/Catrin</u> Age: <u>15/16</u> Nationality: English/American/Australian
- **50 SPEAKING** Work with a partner. Change the names, ages and nationalities in the dialogue in 1. Make them true for you and your partner. Practise the dialogue.
- **5b** Act out the dialogue for the class.

Hi, I'm Daniel. What's your name?

I'm Alek. Nice to meet you.

Grammar in context

to be

1 Read the sentences and complete the table.

1 I'm Thomas.

3 Yes, | am.

- 4 No, l**'m not**.
- **2** Are you English? **5** This is my friend.
 - 6 His name is Luke.

Affirmative

- I (a) English.
- You/We/They are English.
- He/She/It (b) English.

Negative

- I (c) Australian. You/We/They aren't Australian.
- He/She/It isn't Australian.

Question

Am I Canadian?

(d) you/we/they Canadian?

Is he/she/it Canadian?

Short answers

Yes, I (e) / No, I (f) Yes, you/we/they are. / No, you/we/they aren't. Yes, he/she/it is. / No, he/she/it isn't.

GRAMMAR REFERENCE ➤ PAGE 12

- 2 Complete the sentences with the correct form of the verb to be. Make true sentences in the affirmative or negative.
 - 1 Emma Watson from the UK.
 - 2 I a student.
 - **3** We _____ 16.

 - 5 My name John.
 - 6 This book blue.
 - 7 Spain and Mexico Englishspeaking countries.
 - 8 I a teacher.



3 IISTENING () 08 Look at the table. Then listen and read the dialogue. Who is the person?

The UK										The	US				
L	ON	DO	N	BRISTOL			NE	W	YO	RK	BOSTON		N		
1	5	1	6	1	4	1	7	1	3	1	8	1	5	1	7
Smith	Jones	Willis	Kent	Ali	Finn	Ross	Dale	Marks	West	Dent	Cross	North	Mills	Storm	Last
A: A B: A B: A B: A B: A SPEA from whe	No, Are Yes, Are Yes, KING	l'm you l ar you l ar Wo he t	no i fro m. i fro m. ork tab	t. om t om E wit le ii ?	he l Bost :h a 1 3.	JS? on? pa	rtn n y	B: A B: A B: er. (Ye Is Is Is Ye Chc	o, it it es, it	am ir su isn t is! e a	ırna 't. per	sor	1	t? ?
ubje	ect	pro	nou	ns	and	l po	sse	ssi	ve d	adje	ecti	ves			

- 5 Read the sentences. Match the subject pronouns (1–7) with the possessive adjectives (a–g).
 - 1 I'm British.
- **a** Her name is Eva.
- You're Irish.
 Your name is Tom.
 He's Australian.
 Their names are Jo and Jim.
- 4 She's German. d My name is Jack.
- 5 It's my cat. e His name is Taylor.
- 6 We're 15.
- 7 They're 16.
- g Its name is Tiger.

f Our names are Al and Tim.

GRAMMAR REFERENCE ➤ PAGE 12

6 Choose the correct alternative.

Hi! (a) <u>I/My</u> name is Amy and this is my science classroom. Is (b) <u>you/your</u> science classroom similar? In the photo you can see two other students. (c) <u>His/</u> <u>Their</u> names are Lily and Ella. (d) <u>They/Their</u> are 15. (e) <u>Our/Your</u> teacher is Miss Smith. (f) <u>His/Her</u> first name is Helen. (g) <u>He/She</u> is from a big city. (h) <u>His/Its</u> name is Birmingham. (i) <u>It/Its</u> is in the middle of England.



Starter unit

Speaking

1 Use the clock on the right to help you complete the times.





2 SPEAKING Write five times and ask your partner the time.



- 3 SPEAKING Work with a partner. Ask and answer the questions.
 - 1 What time is it now?
 - 2 What time does this class start?
 - 3 What time does this class end?



Days, months and ordinal numbers

la Complete the table with these words.

eleventh • February • fifth • July • June • March • May ninth • November • October • second • September seventh • sixth • Sunday • tenth • third • Thursday Tuesday • Wednesday Ordinal numbers Days Months 1 Monday 1 January 1st first 2 2 2nd 3rd 3 3 4th fourth 4 4 April 5th.... 5 Friday 5 6th 6 Saturday 6 7th 7 7 8th eighth 8 August 9 9th 10th 10 11 11th... 12 December 12th twelfth

13th thirteenth

- 1b 🔘 09 Listen, check and repeat.
- **2** SPEAKING Work with a partner. Say these ordinal numbers.

1	16 th	5	23 rd
2	19 th	6	25^{th}
3	21 st	7	30^{th}
4	22 nd	8	31 st

3 SPEAKING Work with a partner. Ask and answer the questions.

- 1 What date is New Year's Day?
- 2 What day is your favourite day of the week?
- **3** What is your favourite month?
- 4 What date is it today?
- 5 What date is your birthday?
- 6 What date is it tomorrow?

What date is New Year's Day?

It's the first of January.

	annai manno er 5.			
1	16 th	5	23^{rd}	
2	19 th	6	25^{th}	
3	21 st	7	30^{th}	
4	22 nd	8	31 st	

Starter unit

Grammar in context

The family

 Look at the Jones family tree and read the sentences. Check that you understand the words in red.



Mandy has got one **brother** but she hasn't got a **sister**. Mandy's **father** is Carl and her **mother** is Denise. Jake is Mandy's **uncle**. Jake's **wife** is Jenny. She is Mandy's **aunt**. Joe's **grandparents** are Frank and Martha. Frank is Joe's **grandfather** and Martha is his **grandmother**. Joe and Kate are Mandy's **cousins**. Mandy is Jake's **niece** and Kevin is Jake's **nephew**. Carl is Denise's **husband**. Frank has got four **grandchildren** – two **granddaughters** and two **grandsons**. Joe is Jake's **son** and Kate is Jake's **daughter**.

2 Look at the family tree in 1 and complete the sentences.

- 1 Kate is Joe's
- 2 Joe is Carl's
- 3 Denise and Carl are Joe's and
- 4 Frank is Kate's
- 5 Kate is Martha's
- 3 SPEAKING Work with a partner. Draw your family tree and describe it to a partner.

I've got two brothers. Their names are Aidan and Ben.

Basic descriptions

4 Who do the words describe, Jake or Carl?

blue eyes - Jake





Carl

5 SPEAKING Work with a partner. Describe yourself to your partner using words from 4.

have got

- 1 Read the sentences and complete the table.
 - 1 Mandy has got one brother
 - 2 She hasn't got a sister.
 - 3 Has Mandy got cousins?
 - 4 Yes, she has.

Affirmative

I/You/We/They **have got** three cousins. He/She/It (a) three cousins.

Negative

I/You/We/They haven't got three cousins. He/She/It (b) three cousins.

Question

Have I/you/we/they got three cousins?

(c) he/she/it three cousins?

Short answers

Yes, I/you/we/they **have**. / No, I/you/we/they **haven't**. Yes, he/she/it **(d)** / No, he/she/it **hasn't**.

GRAMMAR REFERENCE ➤ PAGE 12

- 2 Complete the sentences with the correct form of have got. Make true sentences in the affirmative or negative.
 - 1 I a sister.
 - 2 We a cat.
 - 3 My mother blue eyes.
 - 4 I short hair.
- 3 Complete the questions with the correct form of have got.



1		Anne	brown hair?
2		Cathy	red hair?
3		Anne and Helen	
	short hair?		
4		Cathy	short hair?

4 SPEAKING Work with a partner. Take it in turns to ask and answer the questions in 3.

Has Anne	got brown hair?
	5



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Possessive 's

- 5 Read the sentences and choose the correct alternative to complete the rules in 1 and 2.
 - Mandy's grandparents are Frank and Martha.
 - **b** Her grandparents' names are Frank and Martha.
 - c Her brother's eyes are brown.
 - d Her parents' names are Denise and Carl.
 - e Jake is Jenny's husband.

To indicate possession or a family relationship

- 1 we <u>add 's/just add an apostrophe (')</u> after singular names or nouns.
- 2 we <u>add 's/just add an apostrophe (')</u> after plural nouns ending in -s.

GRAMMAR REFERENCE ➤ PAGE 12

- 6 Put apostrophes in the correct places in the sentences.
 - 1 Jaden and Willow are Will Smiths children.
 - 2 Their mothers name is Jada.
 - **3** Their parents eyes are brown.
 - 4 Willows hair is always different!
 - 5 Their grandparents names are Willard and Caroline.
 - 6 The childrens uncle is an actor.
 - 7 Jadas brothers name is Caleeb.



Demonstrative pronouns

7a Look at the pictures and sentences.





1 This is my sister.



2 That's my cousin.



- 3 These are my parents.
- 4 Those are my grandparents. GRAMMAR REFERENCE ➤ PAGE 12
- 7b Look at the pictures and complete the sentences with this, that, these, those.



friend.

1

3

friends.



friends.





are my

4is my friend.

Language checkpoint: Starter unit

Grammar reference .

to be						
FORM						
Affirmative	l 'm (am) American. You/We/They 're (are) American. He/She/It 's (is) American.					
Negative	I'm not (am not) American. You/We/They aren't (are not) American. He/She/It isn't (is not) American.					
Question	Am I American? Are you/we/they American? Is he/she/it American?					
Short answers	Yes, I am. Yes, you/we/ they are . Yes, he/she/it is .	No, I'm not . No, you/we/they aren't . No, he/she/it isn't .				

USE

We use the verb to be to describe a person's nationality, age, appearance, etc.

 We do not use contractions ('m, 're, 's, etc.) in short answers.

Subject pronouns

Singular	Plural	I'm 1
1	we	She's
you	you	Wea
he/she/it	they	

m 15. ne's a student. le are Swiss.

Possessive adjectives

Singular	Plural	
my	our	
your	your	
his/her/its	their	

My name is Robert. Where is your school? Their mother is Spanish.

	have got				
	FORM				
	Affirmative	eyes.	-	got (have got) brown s got) brown eyes.	
	Negative	I/You/We/They haven't got (have not got) brown eyes. He/She/It hasn't got (has not got) brown eyes.			
	Question	Have I/you/we Has he/she/it	-	y <mark>got</mark> brown eyes? prown eyes?	
	Short answers	Yes, I/you/we/ they have . Yes, he/she/it		No, l/you/we/they haven't. No, he/she/it hasn't.	
	USE				
	 We use <i>have got</i> to talk about the things we possess. 				
	Possessive 's				
:	FORM				
	Jack 's sister My brother 's hair My parents' names My brothers' names				
	USE				
	 We use 's to indicate possession or a family relationship. When a noun is plural and ends with an -s, we just add an apostrophe (') to the end of the word. 				
	Demonstrative pronouns				
	Singular	Plural	-	We use this and these for people and objects	
ish.	This is my father.	These are my parents.		which are close to the speaker.	
ω <i>μ</i> ι.	That is my brother.	Those are my cousins.		We use that and those for people and objects that are distant from the	

speaker.

Vocabulary _

Classroom objects board • board rubber • CD player • chair • computer • desk • dictionary • notebook pen • pencil • pencil sharpener • rubber • ruler • textbook **Colours** black • blue • brown • dark blue green • grey • orange • pink • purple • red • white • yellow **Days** Monday • Tuesday • Wednesday Thursday • Friday • Saturday • Sunday **Months** January • February • March • April • May • June • July August • September • October • November • December **Ordinal numbers** first • second • third • fourth fifth • sixth • seventh • eighth • ninth • tenth • eleventh • twelfth • thirteenth • fourteenth • fifteenth sixteenth • seventeenth • eighteenth • nineteenth • twentieth • twenty-first • thirty-first **The family** aunt brother • cousin • daughter • father • grandchildren • granddaughter • grandfather • grandmother grandparents • grandson • husband • mother • nephew • niece • parent • sister • son • uncle • wife **Basic descriptions** blue/brown/green eyes • short/long/dark/fair/black/red hair • tall • short • thin • beard glasses • moustache

Other words and phrases > page 145



Total: /

/ 40 points

13



The school day

1a Work with a partner. Match some of these words to the pictures. Use your dictionary if necessary.

art • biology • chemistry • English French • geography • German • history ICT (Information and Communication Technology) maths • music PE (Physical Education) • physics • Spanish



Free-time activities

5α Work with a partner. Match some of these words to the photos.

chat online • dance • do sport • draw • go shopping go out with friends • listen to music • play the guitar/piano read • surf the Internet • take photos • watch films





5b 🜔 11 Listen and repeat.

1b () 10 Listen and repeat.

- 2 SPEAKING Work with a partner. Which of the school subjects in 1 are in your school timetable today? Which are your favourite subjects?
- 3 Put the activities in order. Use your dictionary if necessary.

go to school (by bike/bus/car/train/ on foot) • have lunch • have a break get up • do homework • go to bed start school • get dressed • have dinner finish school • have breakfast • go home

1 get up

2 get dressed

4 SPEAKING Work with a partner. Say when you do the activities on a typical school day.

l get up at half past seven.

LISTENING () 12 Listen to four dialogues. What free-time activity is the subject of each dialogue? Choose from a-g.

- Dialogue 1 Dialogue 2 Dialogue 3 Dialogue 4
- a chatting onlineb dancing
- **c** drawing
- **d** going shopping
- e surfing the Internet
- f taking photos
- g watching films

7 Complete these sentences with true information about you and your free-time activities.



5 I hate

8 SPEAKING Work with a partner. Compare your answers from 7. How similar are you?

I love surfing the Internet.

I like surfing the Internet but I love watching films.

Reading

The BRIT School

IT'S 4 TEENS • FORUM

Hey! Somebody tells me there's a great school for people who love music and dance. It's called the BRIT School. Does anybody know it?

Posted by **Lee** on 21st September at 2.36 pm

Yeah. It's for students between 14 and 19. They study the usual subjects like maths, history, ICT, PE, etc. But they also have special classes in art, music, dance, film, photography ...

Posted by **Mia** on 21st September at 5.44 pm

A friend of mine goes to the BRIT School. She plays the guitar and sings. She says the school is brilliant! Sometimes at lunchtime there are concerts where students sing, play music, dance ... Imagine! Sometimes she wants classes at the weekend, she loves it that much!

Posted by **Ella93** on 21st September at 8.12 pm

In my school we usually call our teachers Sir or Miss but at the BRIT School I think the students call their teachers by their first names. And they don't wear school uniform!

Posted by **Jonno** on 21st September at 9.06 pm

The idea is for the students to learn all about the creative industries – music, art, theatre, TV ... And they learn to use new technology to do it. Posted by **Ella93** on 22nd September at 4.32 pm

I know the school has some very famous old students. Adele, for example! And famous people visit the school. They play concerts there, or just talk to the students and help them.

Posted by **KidLondon** on 22nd September at 7.45 pm

Awesome! I really want to study there! Thanks for the help, guys.

Posted by Lee on 22nd September at 8.10 pm



1 Work with a partner. Look at the photo of students at school and answer the questions.

- 1 What can you see in the photo?
- 2 Does this school look similar to your school? Why/Why not?
- **2** Read the comments in this forum. What's your opinion of the BRIT School?
 - a I think it's great. c It's OK.
 - **b** I think it's good. **d** I don't like it.
- **3** Read the comments again. Are the sentences True (T), False (F) or is the information Not Mentioned (NM) in the text?

1	Students at the BRIT School only have unusual school subjects.	T/F/NM
2	At the BRIT School they have long breaks.	
3	Ella93's friend lives in the school.	T/F/NM
4	In Jonno's school it's unusual for students to call their teachers 'John' or 'Anne', for	T/F/NM
-	example.	
5	BRIT students don't have a school uniform.	T/F/NM
6	Computers are not important at the BRIT School.	T/F/NM
7	Famous people visit the students at the BRIT School.	T/F/NM

EXAM SUCCESS

In 3, what is the difference between False and Not Mentioned?

EXAM SUCCESS page 152

CRITICAL THINKING

Think! Then compare ideas with your class.

Lee consults a forum on the Internet for information about the BRIT School.

What are the advantages of consulting a forum? What are the disadvantages?

Match the underlined words in the forum with these definitions.

- 1 one of my friends
- **3** people (informal)
- **2** great, fantastic
- 4 companies, businesses

6 SPEAKING What about you?

- 1 What things in the BRIT School are similar to your school? What things are different?
- 2 What do you like about your school? Why?

We have subjects like maths, PE and ICT.

We don't have subjects like photography or dance.

Grammar in context



Flipped classroom: watch the grammar presentation video.

Present simple affirmative and negative

- lo Read the sentences. Which are affirmative and which are negative?
 - 1 They **study** the usual subjects.
 - 2 My friend **goes** to that school.
 - 3 We don't play music.
 - 4 She finishes school at 4 pm.
 - 5 She doesn't go home at 3 pm.
 - 6 They **don't wear** school uniform.
 - 7 She sings and dances.
 - 8 We learn about music and art.

1b Choose the correct alternative. If both alternatives are correct, mark them both.

- In the present simple, verbs finish in -s/-es when the subject is
 I, you, we, they/he, she, it.
- 2 After don't or doesn't we use the verb with -s/without -s.
- **3** We use the present simple to talk about regular or routine actions/things that are always or usually true.

GRAMMAR REFERENCE ➤ PAGE 24

20 PRONUNCIATION (2) 13 Listen and match each group of verbs (1–3) with the correct sound (a–c).

1	starts	likes	asks	а	/IZ/
2	studies	plays	goes	b	/s/

- ${\bf 3}$ finishes watches relaxes ${\bf c}$ /z/
- 2b 2 13 Listen again and practise saying the verbs.

3a Complete the sentences with the present simple affirmative form of these verbs.

get • go • listen • take • finish • have watch

- 1 I to music when I do my homework.
- 2 My friend to school by bus.
- 3 We lunch at school.
- 4 His sister up at 7.30 am.
- 5 Our last class at 5 pm.
- 6 They films in their Spanish lessons.
- 7 Dylan photos in his free time.

3b Now make the sentences in 3a negative.

4 Complete the text with the present simple form of the verbs given.



Sophia (a)	(study) at the E	3RIT School. She	
(b)	(not study) music or d	ance. Her special	
subject is art. For ho	omework, sometimes S	ophia and the	
students in her class	: (c) (t	ake) photos or they	
(d)	(draw). But Sophia (e)		
(say) that they all (f)	(work	<) hard at the school.	
Sometimes, to finish her work, she (g)			
up really early. But s	he (h)	(not think) that's	
a problem because	she (i)	(love) art and	
her school!			

5a Write a minimum of six true sentences about what you normally do at the weekend. Use the words in the table to help you.

I do sport at the weekend.

[a	on	tw	atc	hī	IV.
-----	----	----	-----	----	-----

Verb	Noun
do • watch • play study • chat • surf read • go to	sport • homework • school the Internet • maths • tennis films • online • TV • football computer games • books

5b SPEAKING Work with a partner. Read your sentences to your partner. Then tell the class about your partner.

Alex does sport at the weekend. He doesn't watch TV.

Uni

Places to go in a town

la Work with a partner. Match some of these words to the

cinema • fast-food restaurant • library • museum • park

shopping centre • sports centre • stadium • swimming pool

theatre

photos. Use your dictionary if necessary.



Prepositions of time

- 6 Read the sentences and complete the rules with *on*, *at* or *in*.
 - **a** We start school **at** half past eight.
 - **b** I don't go to school **on** Saturday.
 - c Classes finish in the afternoon.
 - **d** They start school **in** September.
 - e School starts on 7th September.
 - f We do homework at night.
 - **g** She wants to go to school **at** the weekend.
 - **h** The school celebrates its anniversary **in** 2021.
 - 1 We use with days.
 - 2 We use with times.
 - 3 We use with months.
 - 4 We use with dates.
 - **5** We use _____ with parts of the day (the morning, the afternoon).
 - 6 We use with years.
 - 7 We use _____ with night and the weekend.

GRAMMAR REFERENCE ➤ PAGE 24

7a Complete the text with on, at or in.

six days a week, because

he has some lessons (b) Saturday, but only (c) the morning. But he has extra exam classes (d) the evening and (e) the weekend. (f) night he's very tired! Of course, he has a break in the summer. This year his holidays start (g)

July, (h) the 14th July to be exact.

7b SPEAKING Work with a partner. Talk about similarities and differences between you and Wang Yong.

We don't start school at 7.30 am.

That's right. We start at 9 am.



. . .

- 1 You swim there. swimming pool
- 2 You buy things there.

1b 🖸 14 Listen and repeat.

- 3 You watch films there.
- 4 You eat pizzas or burgers there.
- 5 You read books there or take them home for two or three weeks.

2a Read the descriptions. Which places are described?

- 6 You play basketball or football there.
- 7 You can see a play or listen to concerts there.
- 8 You watch football matches, sports events or concerts there.
- **9** You see paintings and old objects and learn about history there.
- **10** You walk, play sport, meet friends and see trees and flowers there.

2b 🔘 15 Listen and check.

3 SPEAKING Look at the words in 1. Tell your partner three places that you like going to and three places that you don't like going to.

I like going to the cinema, but I don't like going to the theatre.

I like playing football, so I love going to the park.

Gateway to life skills: Personal well-being



LIFE SKILLS OBJECTIVES

KEY CONCEPTS

- To understand stress
- To identify what makes you stressed
- To choose appropriate relaxation techniques

stressful [adj]: It's stressful when you have a lot of things to do. stressed (out) [adj]: I am/feel stressed (out) because I have a lot of things to do. relax [v]: I relax at home by listening to music.

la Look at the photos and find somebody who is:

- 1 happy 4 angry
- 2 sad
- 3 relaxed

1b Match the halves to make logical sentences.

5 worried

- **1** I feel worried when I ...
- 2 I feel relaxed when I ...
- **3** I feel happy when I ...
- 4 I feel sad when I ...
- **5** I feel angry when people ...
- a listen to slow, calm music.
- **b** have a very difficult exam.
- c don't listen to me.
- d see a grey sky.
- e am at a party with my friends.

2 **READING** Read the website text. Match the guestions with the paragraphs.

- 1 What are common causes of teenage stress?
- 3 How can you deal with stress?
- 4 How do you know when you are stressed?

2 What is stress?

Home



TEENAGE STRESS – FREQUENTLY ASKED QUESTIONS Stress is something that everybody feels at times – adults, teenagers

and kids. There is good stress, stress that helps you to react in a difficult situation. More often stress is a negative feeling, a feeling that stops you being happy or relaxed. But it's always important to remember that stress is just a normal part of life.

People react to stress in different ways. Some people are sad and others feel angry. Some people have difficulties with sleeping. Others change their attitude to food because of stress. Stress can also make it difficult for some people to concentrate.

About

There are many different things that can J stress teenagers. Sometimes it can be just the ordinary things that happen every day. For example, homework or exams can cause stress. Or maybe you have a pet and your pet is sick. Problems with friends or parents or other family members are another possible cause. Perhaps they want you to do something but you don't want to do it, for example.

The good news is that stress is completely normal and it's not permanent. And there are lots of things you can do to deal with stress.

- ✓ Sport and exercise combat stress and also help you to sleep.
- Talk to people about how you feel.
- Listen to music.
- Eat healthy, natural food, especially at breakfast-time because that's when you need the energy!
- ✓ When the problem is homework or exams, it's a good idea to make a plan or timetable. This helps you to find time to do everything, including time to do things that you love - surfing the Internet, chatting to friends, reading ...
- And be positive!



1c Are the sentences in 1b true for you? Complete 1-5 with information about you.

I feel worried when I don't know the answer to a question in an exam.

3 Read the text in 2 again and complete the sentences with the words in the box.



LISTENING (2) 16 Three teenagers talk about stress in their lives. Watch the video or listen and complete the notes in the table.

	What makes me stressed	How I deal with stress
Kieran (Speaker 1)	Doing on time and the life at school.	Taking , playing the and the .
Amelia (Speaker 2)	Working in at weekends. No time for or friends.	in the park or to school or
George (Speaker 3)	Parents want me to go and look after and	Doing for a going or swimming. Playing

5α Work with a partner. Look at the list of ways of dealing with stress. Add ideas from the text on page 18 and *your* ideas.

0	1	watch a film	5	eat healthy food
~	2	go for a walk	6	do yoga
	3	listen to music	7	
0	4	sleep for eight hours	8	

5b Individually, choose your three favourite ideas from the list in 5a. Think about why.

5c SPEAKING Work with a partner. Use the ideas in 5b to talk about how you deal with stress.

I love music. When I'm stressed, I listen to my favourite songs.

What songs are they?

Anything by Katy Perry.

Хĸ

LIFE TASK

Imagine that you have a friend who is stressed at the moment because they have a lot of things to do at school – practising for a music concert, revision for exams, and playing in a school sports team. In groups, prepare a video message or write an email to help them.

Follow this plan:

1 Say hello.

- 2 Give three ideas to deal with stress during the week (We think it's a good idea to ..., When this happens to me, I ...).
- **3** Give two ideas to help at the weekend.
- **4** Tell your friend to contact you in two weeks to say how they are.

pet • sleep • food • plan (n) breakfast • exams • time

- 2 Eating can help with stress because it gives you energy for the day.
- 4 Stress can change your attitude to in general.
- 5 If you have a ______that is not well, it can make you stressed.
- 6 Studying for _____ can cause stress at school.

Listening

1 SPEAKING Work with a partner. Think of a typical Saturday morning. Talk about what you do and where you go.

EXAM SUCCESS

In this listening exercise, you match people with the correct information. Why is it important to read the names and information *before* you listen?

► EXAM SUCCESS page 152

- 2 LISTENING (2) 17 Listen to two people talking about where their friends go on Saturday morning. Match each person with a place.
 - 1 Sam
- **a** art gallery **b** library
- 2 Matthew b library 3 Ben c museum
- 3 Ben 4 Isabel
- **d** park
- 5 Sophia
- e schoolf shopping centre
- **g** sports centre
- **h** swimming pool

3 D 17 Look at this information. Which person in 2 is it? Listen again if necessary.

- a This person always plays basketball on Saturday morning.
- **b** This person never swims on Saturday morning.
- **c** This person often does his homework on a Saturday morning.
- **d** This person hardly ever goes to the sports centre.
- e This person sometimes goes to the park.



Grammar in context

Adverbs of frequency

- 1a Read the sentences. The words in blue say how often we do something. We call them adverbs of frequency. Put them in order from 0% (never) to 100% (always).
 - a l always go to the library.
 - **b** I never go to the library.
 - c I often go to the library.
 - d I usually go to the library.
 - e I hardly ever go to the library.
 - f I sometimes go to the library.

0%	1	never
1	2	
	3	
	4	
1	5	
100%	6	

1b Read the sentences and choose the correct alternative to complete the rules in 1 and 2.

- a I'm always here.
- **b** They **never** go to the cinema.
- 1 Adverbs of frequency come <u>before/after to be</u>.
- 2 Adverbs of frequency come <u>before/after</u> main verbs (e.g. *go*, *swim*, *play*).

GRAMMAR REFERENCE ➤ PAGE 24

2 Write the sentences again with an adverb of frequency in the correct place. Make the sentences true for you.

- 1 I dance. I hardly ever dance.
- 2 I go to the theatre.
- 3 I am late for class.
- 4 I do my homework.
- **5** I go out with my friends on Friday.
- 6 I am relaxed.
- 7 I watch football on TV.

3a Individually, guess your partner's answers in 2. Write them down.

I think Maria often dances.

3b SPEAKING Work with your partner. Were your guesses in 3a correct?

dance!

I think you often dance.	
\mathcal{V}	No, I never

3c Tell the class about you and your partner.

Maria never dances but I often dance.

20

Unit 1