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#### On the Cover

#### **REMARKABLE ROCKS**

FAST FACTS

The **Remarkable Rocks** are located on Kangaroo Island, in South Australia.

The **Remarkable Rocks** are made of granite.

Wind, ocean spray, and rain have been shaping the **Remarkable Rocks** for 500 million years.



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**Series Editors** JoAnn (Jodi) Crandall Joan Kang Shin

**Authors** Kate Cory-Wright Rob Sved



Australia • Brazil • Japan • Korea • Mexico • Singapore • Spain • United Kingdom • United States



#### Let's sing! TR: 80

This is our world. Everybody's got a song to sing. Each boy and girl. This is our world!

l say "our." You say "world." Our! World! Our! World!

l say "boy." You say "girl." Boy! Girl! Boy! Girl! I say "Everybody move…" I say "Everybody stop…" Everybody stop!

This is our world. Everybody's got a song to sing. Each boy and girl. This is our world!

Ha Long Bay, Vietnam

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I don't understand		
Cutouts		
Stickers		

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VERICITY

# Unit 1 Feeling F

#### Check T for *True* and F for *False*. Then answer the question.

1. He is rock-climbing. **T** 

TF

- 2. The rocks are small.
- 3. He is wearing gloves.
- 4. What is the man thinking? Write a caption.

Climbing the tsingy in Madagascar. Tsingy means "Where you cannot walk barefoot."





#### **GRAMMAR TR: 4**

Did you wash your hands? Did you brush your teeth? Did he take a shower? Yes, I **did.** No, I **didn't.** Yes, he **did.** 

**Play a game.** Play with a partner. Take turns. Spin and ask questions.



#### Listen and repeat. Read and write. TR: 5



get exercise



eat junk food



get rest



eat vegetables



eat fruit



**Stick in order (1 = most important).** Work with a partner. Talk about what you think is important.

My number one is exercise. It's very important to get exercise. It's important to eat fruit.

#### **GRAMMAR TR: 6**

It's important to get **enough** sleep. Don't stay up **too** late. I drink **enough** water. I don't eat **too** much junk food.

7

**Read and make true sentences about you.** Underline the words.

- 1. 1 drink / don't drink too much soda.
- 2.1 get / don't get enough exercise.
- 3.1 drink / don't drink enough water.
- 4. 1 eat / don't eat too many chips.
- 5.1 watch / don't watch too much TV.
- 6. 1 get / don't get enough sleep.



9 Listen, read, and sing. TR:7

### Let's Move

We want to feel healthy. We want to feel fit. Come on, everybody. Stand! Don't sit!

What did you do to be fit today? What did you do to be strong? What did you do to be fit today? What did you do?

#### THE SOUNDS OF ENGLISH TR: 8

shoe

2. brush

(10)

#### Listen and say.

- 1. shoulder
- wa<mark>sh</mark>

shower

- 3. vacation suc
  - n <mark>s</mark>ugar

#### Listen and read. TR: 9

### Get Rest and Exercise!

In some video games, you only sit on the sofa and play. This is fun, but you don't get much exercise. In other video games, you have fun *and* you get exercise. In these games, you move your whole body! A camera records the way you move. You can dance, run, or pretend to play soccer and watch yourself on the screen. These video games are a great way to keep fit. They make your muscles strong, but you don't get enough fresh air. Why don't you play a real game of soccer outside with your friends?



Look and write. Write about exercise with video games.

Video game	How you play	Why is it good?	Why is it bad?
1.	Sit on the sofa and play. Press buttons with your fingers.		
2.	Stand up and move. Watch yourself on the screen.		



You can control some video games with your brain!

How do you keep fit?

Yosemite National Park, USA



Mireya Mayor Primatologist/Conservationist Emerging Explorer

"My job involves either chasing animals or running from animals chasing me, so staying fit is essential to doing work in my field!"



# unit 2 Leffs Celebacetee

#### Look and check.

- 1. Holi is a festival of
  - ) food.
  - ) colors.
- 2. Someone is playing



- ) a drum.
- 3. Would you like to go to this festival?

) yes





Holi Festival, India

#### Listen and read. TR: 10

1

2

#### Listen and repeat. TR: 11

People all over the world have special celebrations. People **celebrate** their birthdays, the first day of the year, food, colors, and light. They wear **costumes** and **masks**. They **dance**, eat food, and sometimes watch a **parade**. Celebrations are fun!









fireworks







3



Work with a partner. Ask and answer.

Do you like to dress up?

Yes, I do. I have many costumes.

#### GRAMMAR TR: 12

**Did** you **watch** the parade? **Did** you **dance** at the party? Yes, I **watched** the parade. Yes, I **danced** at the party.

**Play a game.** Play with a partner. Ask and answer. Take turns.



#### Listen and repeat. Read and write. TR: 13





#### a birthday cake



an invitation



candles



balloons





#### Listen and stick. TR: 14

a present

#### GRAMMAR TR: 15

**Did** you **go** to the parade? **Did** you **see** the fireworks? **Did** you **eat** cake at the party? Yes, I **went** to the parade. Yes, I **saw** the fireworks. Yes, I **ate** a piece of cake at the party.

7

These verbs change when you talk about the past.

Match. Draw lines.

sing	wrote
drink	gave
wear	had
have	took
write	sang
give	drank
take	wore

8 Play a game. Cut out the cards on page 99. Play with a partner. Match and say sentences.



Listen, read, and sing. TR: 16

### **Celebrate!**

We went to a carnival. Everyone was there! We dressed up, sang some songs, and watched a parade.

But best of all, we danced to music, wonderful music. We danced to music all day long.

#### THE SOUNDS OF ENGLISH TR: 17

**Listen and say.** The **ed** sound is different in each set of words.

- 1. watch<mark>ed</mark> dressed
- 2. played listened
- 3. celebrated
- want<mark>ed</mark>

#### Listen and read. TR: 18

## **November Celebration**

The Day of the Dead is an important festival in Mexico. People celebrate it on the first day of November.

Families take food to cemeteries, and they light candles and play music. Sometimes there are fireworks, too. People give candy and chocolate in the shape of skulls. For Mexicans, the festival is not sad. The Day of the Dead is a happy time.



Day of the Dead

#### **Read.** Complete the chart.

The Day of t	he Dead
Where do people celebrate it?	
When is it?	
What do people do?	



In 2002, a candy company made chocolate fireworks! 60 kg (132 lb.) of chocolate went up into the sky!



Talk with a partner. Look at the pictures on this page. What do you see? What do you like?

I like the candles. I think they're beautiful. Diana Carmela Salvador

I like the candles, too! And did you see those skulls?



## Learn more about other cultures.

How do you learn more about other cultures?

> Inti Raymi, Festival of the Sun, Cusco, Peru



Daniel Torres Etayo Archaeologist Emerging Explorer

"When I was a child, my father told me hundreds of fantastic stories about the Inca, Maya, and Aztec Empires; the European conquerors; and Cuba's own indigenous peoples."

# Unit 3 My Weekend

### Look and check. Then answer the question.

1. The boy is



- playing basketball.
- playing volleyball.
- ) playing soccer.
- 2. What is the boy thinking? Write a caption.

Tegucigalpa, Honduras



#### Listen and read. TR: 19

#### Listen and repeat. TR: 20

The weekend is a time to relax and do fun things. Sometimes we stay home. We do our homework, play games, text our friends, and watch TV. Other times we go out and visit interesting places, play outside, or see friends. It's nice to keep busy! What do you do on weekends?



go on a picnic

















**3 Work with a partner.** Ask and answer.

5

What do you do on weekends?

Sometimes I go to the movies. How about you?

#### GRAMMAR TR: 21

How was your weekend? What did you do? Did your team win? It was boring. I **didn't do** anything special. I went to a soccer game. No, they **didn't win.** They lost.

Listen. Underline the answer. TR: 22

What did you do on the weekend?

- 1. We went / didn't go on a picnic.
- 2.1 went / didn't go to the movies.
- 3. We **won / didn't win** the basketball game.
- 4.1 watched / didn't watch TV.

**Work in a small group.** Take a survey. Ask and answer. Tell about your weekend.

Name	stay home	text friends	go to the movies	watch TV	win a game
			1		



#### Listen and repeat. Read and write. TR: 23



go horseback riding



go fishing



go swimming



go hiking



go ice skating

1. 1	in the winter. I can go fast on the ice.
2.1	with my Dad. We don't catch many fish!
3.1	sometimes. Horses can run very fast.
4.1	with my family. We go into the woods.
5.1	every weekend. I can swim very well now.

#### Stick your favorite activities. Work with a partner.

Ask and answer.

Do you want to go fishing? No, I don't. I want to go hiking.

#### GRAMMAR TR: 24

What **did** you **do** last weekend?

We didn't go hiking. We went swimming.

#### 8

#### Look and write.



What did Carlos do on the weekend?

1	He went ice skating.
2	
3	
4	
5	

**Play a game.** Cut out the game board on page 101. Play with a partner. Take turns. Flip a coin.



Listen, read, and sing. TR: 25

### **Free Time**

What did you do on your weekend? Did you stay at home? Did you have some fun? What did you do on your weekend? Did you go outside and play in the sun?

Did you go fishing? Did you play baseball? Did you go walking? What did you do?

#### THE SOUNDS OF ENGLISH TR: 26

water

**Listen.** Underline the words that have a sound like the *w* in *water*.

- 1. How was your weekend?
- 2. What did you do?
- 3. Did you go walking?
- 4. Where did you go?

#### Listen and read. TR: 27

## Wow! Look at That!

At The Children's Museum in Indianapolis, USA, there are giant models of dinosaurs outside. Some of them are running away, and others are looking in through the window! It's very exciting!

Inside the museum, you can go to the theater, learn about the stars in the planetarium, and go rock climbing. You can even celebrate your birthday there!



**Work with a partner.** Talk about the museum. Take turns. Ask and answer questions.





## Try new things.

What new things would you like to learn to do?



lain Couzin Behavioral Ecologist Emerging Explorer

"I never had special training in math or computer science, but I realized the power of using computational tools, so I basically taught myself programming."

# unit 4 All in Our Eamily

#### Look and answer.

- 1. What is the girl holding?
- 2. Who are the other people in the photo?
- 3. How many family words do you know? Make a list.


#### Listen and repeat. TR: 29

Hi, I'm Andrea Martinez. Here we are at the Martinez family picnic. All my **relatives** are here. We're a big family. Some of us look the same. Some of us are very **different**. Our pets are different, too. My dog Roxy is **cuter** than my cousin's dog. Roxy is also **smarter** and **friendlier**.





taller

What did you learn? How are the people different? Discuss with a partner.

3



shorter

#### GRAMMAR TR: 30

My best friend is **bigger** than I am. My dog is **friendlier** than your cat. I'm **shorter** than my sister. Cats are **cuter** than dogs.

**Compare.** Work with a partner. Talk about the photos. Use words from the box.









I'm friendlier

than my sisters.

big small short friendly old young cute



Work in a group. Take turns. How are you and your relatives different?

I'm taller than my cousin, and older, too.

#### Listen and repeat. Look at the pictures. Match. TR: 31





wavy hair



blond hair



straight hair



curly hair

- 1. She looks just like her mother.
- 2. My cousin is really cute.
- 3. My cousins are very different.
- 4. My brother has blue eyes like me.

- a. But he wears glasses, and 1 don't.
- b. They both have straight hair.
- c. I love his wavy hair.
- d. But they both have curly hair.

Listen and stick. Work with a partner. Talk about you. TR: 32

He has brown hair. I have brown hair, too. She wears glasses. I don't!

#### **GRAMMAR TR: 33**

What **are** you **doing** on Saturday? What **are** they **doing** at 7:00? I'**m visiting** my aunt. They'**re having** dinner with their neighbors.

**Read.** Complete the sentences. Use the correct form of the word in parentheses.

- 1. Where \_\_\_\_\_\_ you \_\_\_\_\_ after school? (go)
- 2. What \_\_\_\_\_\_ you \_\_\_\_\_ on Saturday? (do)
- 3. \_\_\_\_\_ you \_\_\_\_\_ your relatives on the weekend? (visit)
- 4. \_\_\_\_\_ you \_\_\_\_\_ dinner with your family tonight? (have)
- 9 Work with a partner. Ask and answer the questions in Activity 8.
- **Play a game.** Cut out the cards on page 103. Play with a partner. Listen, talk, and act it out.



11 Listen, read, and sing. TR: 34

## Different

I'm taller than you. He's taller than me. We're all different. Yes, we're different. And I like being me!

#### THE SOUNDS OF ENGLISH TR: 35

**Listen and say.** Listen for the underlined sound in each word. Then say the word.

tall<u>er</u> short<u>er</u> friendli<u>er</u> fath<u>er</u> fing<u>er</u>

## Where Do Your Eyes Come From?

The color of your eyes and your hair come from your family. We call them family traits. How tall you are, the shape of your face, and even the shape of your ears are all family traits.

You inherit other traits from your family, too. For example, how do you fold your hands? Do you cross your right thumb over your left thumb? Or do you cross your left thumb over your right thumb? Now ask your parents to fold their hands! It's fun to look at these traits with your family and friends. Try it! right thumb over left thumb





Blonds have more hairs on their heads than people with brown hair do.

**Work with a partner.** Choose three traits in the box below. Who did you inherit these traits from? Discuss.

eye color

hair color

nose shape

shape of face

type of hair

l have straight, dark hair. My mother has straight, dark hair, too.

# Understand the human family.

Are all the people in the world one big family? How are they the same? How are they different?



Spencer Wells Geneticist Emerging Explorer

"Everyone alive today descends from one woman who lived around 180,000 years ago."



### Review



Listen. Check activities that the boy did on the weekend. TR: 37



**Read and write.** Complete the sentences. Use the words in the box.

went	didn't go	lost	didn't lose
rode	didn't ride	got	didn't get
played	didn't play	won	didn't win

- 1. On Saturday I \_\_\_\_\_\_ on a picnic because it was raining!
- 2.1 \_\_\_\_\_ my bike because the weather was bad.
- 3. 1 stayed home all day, so 1 \_\_\_\_\_\_ enough exercise!
- 4. On Sunday the weather was great, so 1 \_\_\_\_\_\_ soccer with my friends.
- 5. We \_\_\_\_\_\_ the game. We lost!
- 6. We played another game. This time we \_\_\_\_\_\_ the game. We won!

**Work with a partner.** Take turns. Ask and answer questions about your weekend.



**Work in a group.** Take turns. Ask and answer questions about your family. Take notes.

- 1. How many brothers and sisters do you have?
- 2. Are they older or younger than you?
- 3. Are you taller than some of your relatives? Who?
- 4. Do most people in your family have straight, curly, or wavy hair?
- 5. Who wears glasses in your family?
- 6. Tell how two people in your family are the same and different.

Work in a group. Compare your information.

I have one brother. He's older than me.	
	I have two younger sisters.
Me, too!	

**6** Write. You are making plans for a birthday party. Write who is doing each activity. Use the information in the box below.

1 / send / invitationsMy aunt / make / my birthday cakeDad / prepare the fireworks

Mom and Dad / buy / my present Grandma / make / my costume

In my family, we're planning my birthday party. I'm sending the invitations. My aunt . . .



### Hello!

#### I will . . .

- greet people (formally and informally).
- say thank you (formally and informally).

#### Listen and read. TR: 38

Sofia:	Hello, Mrs. Gomez. How are you?
Mrs. Gomez:	I'm very well, thank you, Sofia.
	Please come in.
Sofia:	Thank you.

Sofia:	Hi, Carla! What's up?
Carla:	Not much. Hey, do you want a soda?
Sofia:	Sure! Thanks.



<b>Hello.</b> Good morning. Good afternoon. Good evening.		How are you? How are you today?	<b>I'm very well, thank you.</b> I'm fine, <b>thanks.</b>	
	Hi!	What's up?	Not much.	

**Hi!** Hi there! Hey! **What's up?** What are you doing? How's it going? **Not much** Nothing. Fine. Not bad.



Work with a partner. Greet each other. Use the chart. Take turns.

### What does that mean?

#### I will . . .

- interrupt someone (formally and informally).
- ask the meaning and ask how to spell or say something.
- explain a meaning and give a spelling.
- say that I don't know.

#### Listen and read. TR: 39

Antoni: Hey, Martina, what does this mean?
Martina: I don't know. I think it's a kind of exercise.
Antoni: I'm not sure. Let's ask the teacher.
Martina: That's a good idea. Excuse me, Ms. Biga.
What does this word mean?

What does this word mean?

Hey,	What does mean?	I think it's a kind of I think it means It's the opposite of	l don't know.	That's a
Excuse me, Mr. / Ms. / Mrs. 	How do you spell? How do you pronounce this word? How do you say?		l'm not sure.	<b>good idea.</b> Good point.

- 4 Listen. You will hear two discussions. Read each question and circle the answer. TR: 40
  - What does the boy want to know?
     a. meaning b. spelling c. pronunciation
  - 2. What does the girl want to know?a. meaning b. spelling c. pronunciation
- 5 **Work in pairs.** Prepare and practice discussions. You want to know the spelling, the meaning, or the pronunciation of a word. Ask your partner and then ask the teacher.

## Unit 5 Fresh Food

#### Look and answer.

- 1. What are the people buying and selling?
- 2. How is this market different from the places where your family buys food?
- 3. How many fruits and vegetables in the photo can you name?

Floating market, Damnoen Saduak, Thailand



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#### Listen and repeat. TR: 42

pick

dig

Every week many people go to the supermarket to buy vegetables like **cabbages** and **pumpkins**. These vegetables come from big farms. People like to go to the supermarket because it's easy and it's quick. But some people prefer to **grow** their own vegetables. For example, they grow **onions**, carrots, and **cucumbers**.

It's easier than you think to grow vegetables. First, you **dig.** Then you **plant** the seeds. Then, when the vegetables are ready, you can **pick** them. But you have to take care of your garden. Vegetables need water and sun. And sometimes insects eat your **lettuce!** www.avasshop.ir

plant



**Work with a partner.** What did you learn? Ask and answer.

Why do people grow their own vegetables?

Because it's easy!

51

#### **GRAMMAR TR: 43**

I **have to** wash and cut the vegetables.

I **don't have to** buy any more seeds.

She **has to** plant the tomatoes in a sunny place.

He **doesn't have to** do homework today.

What about you? Write five things you usually have to do.

In the morning 1
In the afternoon 1
In the evening 1
On weekends 1
On Sunday 1

Play a game. Cut out the cubes on page 105. Work with a partner. Ask and answer.



	How ofte	en?						
	S	М	T	W	T	F	S	
	do homework		do homework		do homework	go to market ←		–on (Fridays)
	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	-
day	do homework		do homework		do homework	go to market	take vegetables to Sue	+once (a month)
three	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	
three — times	homework		do homework		do homework	go to market		
(a week)	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fro	
	do homework		do homework		do homework	go to market	plant	)—twice
	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	ea plant	(a year)
1.	Every day	1						
2.	On Fridays	s 1						•
3.	3. Three times a week 1						•	
4.	4. Twice a year we						•	
5.	5. Once a month we					0		
🕖 🗸	7 Work with a partner. Ask and answer, and then stick.							
How often do you ride your bike? Twice a day.								
-								
					Y		Y	
								53
			1				1	



## Something's G

20

Pumpkin, lettuce, peppers, and beans, Something's growing, and it's green, Pumpkin, lettuce, peppers, and beans, Something's growing, and it's green.

Working in the garden, working in the sun, working in the garden is a lot of fun.

#### THE SOUNDS OF ENGLISH TR: 47

banana

#### 11 Listen and repeat.

1. <mark>a</mark> bout	around
2. tomato	p <mark>o</mark> tato
3. childr <mark>e</mark> n	chicken

## Up the Wall and On the Roof

Would you like to grow fruit and vegetables, but you don't have a big yard? Look up! There is lots of space! You can grow food up the walls or even on the roof!

Growing vegetables up a wall is easy. Choose a sunny place and choose plants that climb. Peas and tomatoes are good choices.

"Roof gardens" are great because you can grow lots of different vegetables and fruits. In one roof garden, a class of children grew 453 kg (1,000 pounds) of vegetables in one



year. The children grew cabbages, carrots, lettuce, and even strawberries! They enjoyed the fresh food they grew in their outside classroom.

**Below ground** 











Tomatoes



Most people spend about five years of their life eating.

Work with a partner. Imagine you have a roof

garden. Talk about it.

We can plant carrots and lettuce in our garden.

It's fun to grow fresh vegetables!

12

## Appreciate local food.

Why is it important to appreciate local food?



Juan Martinez Environmentalist Emerging Explorer

"Learning how to grow jalapeños changed my life."



#### Unit 6

# Long Ago and Today

#### Look and circle.

- 1. They are riding
  - a. to school. b. to the market.
- 2. The boy is holdinga. a box.b. a computer.

#### Look and answer.

- 3. What makes you think this photo is from the present?
- 4. What makes you think it's from the past?

Father and son biking to school, Uttar Pradesh, India



Listen and repeat. TR: 50

How did people **spend time** long ago? How were their days different from our days today? How were they the same?

## Then Zate

Life was very different for people all over the world two hundred years ago. How did people **begin** their day? They got up when the sun came up. There were no **electric lights**, so people did their **chores** during the day.

Their chores were different, too. To get hot water, for example, people had to **make** a **fire**. Families had to **learn** how to make soap and grow their own vegetables. They made their own clothes, too. And of course people had to **wash** dishes by hand because there were no machines.

fire

make soap

tell stories

**Work with a partner.** What did you learn? Ask and answer.

Why did people get up with the sun?

Now

electric lig

They wanted to do their chores in the daytime. They didn't have electric lights.

Today most people in the world have electric lights and **cell phones.** People still have to do chores, but in their free time, they can watch TV, make calls, and play video games.

Of course, not everybody lives this way. Many families don't like to spend a lot of time in front of the computer or TV. They prefer to go hiking or go on picnics. At home they like to talk, **tell** stories, and play card games with their friends and family. What about you?

cell phone

#### **GRAMMAR TR: 51**

Long ago, children walked to school, **but** I take the bus. Two hundred years ago, people didn't have TV. They told stories **instead**.

4

Same or different? Write true sentences.

My grandparents	Me
watched TV.	I watch TV, too.
grew their own vegetables.	I buy vegetables in a store instead.
walked everywhere.	
played board games.	
sent letters to their friends.	



**Work in a group.** Talk about your grandparents' lives and your life. How are they different?



Listen and say. Then read. Check T for True or F for False. TR: 52



#### **GRAMMAR TR: 53**

Life was **more difficult** back then. That cell phone is **more expensive than** this one.

8

#### Complete the sentences.

- 1. I think jumping rope is \_\_\_\_\_\_ (difficult) riding a bike.
- 2. Getting exercise is \_\_\_\_\_\_ (important) watching TV all day.
- 3. Video games are \_\_\_\_\_\_ (expensive) board games.
- 4. Board games are \_\_\_\_\_ (old-fashioned) video games, but they're fun to play.
- 5. Our new house is \_\_\_\_\_\_ (modern) our old one.

9

**Play a game.** Cut out the game board on page 107. Play with a partner. Make sentences about the pictures.



Yesterday an

Things were different long ago, different in so many ways. Things were different long ago, different from today.

#### THE SOUNDS OF ENGLISH TR: 55 modern

#### Listen and say.

- 1. <mark>yes</mark>terday
- 2. e<mark>lec</mark>tric

11

im<mark>por</mark>tant

difficult

## From Walking to Biking

The first bicycle was made of wood. The hobby horse had two wheels but no pedals. You didn't ride it—you walked it!

The velocipede came next. Velocipedes had pedals so people could ride them. But velocipedes were difficult to ride on stone streets. These "boneshakers" hurt your bones!

Later, people rode a new kind of bicycle called a "high wheeler." It was made of metal and had a high front wheel so people often fell off!

The next bicycle had two wheels of the same size. This design became the standard for modern children's bicycles. Now everyone enjoys bicycles!

**Work with a partner.** Talk about bicycles. Ask and answer.

- 1. What was the main problem with each kind of bicycle: hobby horse, boneshaker, and high wheeler?
- 2. Do you have a bicycle? When and how do you use it?
- 3. Why are bicycles a good idea?

The hobby horse had no pedals. You couldn't ride it!



The longest bike ever made was about 36 m (117 ft.) long! **Hobby Horse** 



Boneshaker



**High Wheeler** 



Children's Bicycle



## Appreciate the past.

How can you and other kids find out more about the past? Who can you ask?



Stephen Ambrose (1936-2002) Historian Explorer-in-Residence Emeritus

"The past is a source of knowledge, and the future is a source of hope. Love of the past implies faith in the future."



#### Unit 7

# Get Well Soon!

#### Look and answer.

1. What's the matter with her? She has





() a headache

2. How do you think she feels?



() It hurts a lot.

- () It hurts, but she feels fine.
  - Better than ever.
- 3. Write a speech bubble for this girl.



#### Listen and repeat. TR: 58

Our bodies are amazing. Every day they work hard to keep us healthy. But everyone gets sick sometimes. When you **have a cold** or you **have a fever**, it means germs entered your body. You can't see germs, but they can make you sick. Some germs can live for two hours on your desk. So use **tissues** when you **sneeze** or **cough!** And wash your hands with soap.



have a cold

Germs aren't the only things that can make you feel bad. You may get an **earache**, a **headache**, or a **stomachache**.

an earache

It's a good idea to have a **first-aid kit**, too. That's a good place to keep **medicine**.


cough

have a fever

a headache

mer mer

a first-aid kit

medicine

a stomachache

**3** Work with a partner. What did you learn? Ask and answer.

What's the matter with him?

He has a stomachache.

### **GRAMMAR TR: 59**

I have a bad earache.

What **should** I do? You **shouldn't** wait any longer. Your mom **should** take you to the doctor.

Work with a partner. Look at the photos. Give advice. Use the words in the box.

use tissues	go out	go to the doctor
sneeze on people	go to bed	go to school



He feels sick. He has a fever.



She has a cold and a cough.

Work in a group. Act out an illness. Guess and give advice. Take turns.



### Listen and repeat. Read and circle the letter. TR: 60



a broken leg



a scratch





### a bruise





- 1. Why can't you run? (a.) have a broken leg. b. I have a bruise.
- 2. Is that a burn? a. Yes, I have a headache. b. Yes, I touched the stove!
- 3.1 have a scratch. What should 1 do?
  - a. You should wash it. b. You should go to bed.
- 4. What an ugly bruise. What happened to her?
  - a. She had a bike accident. b. She ate too much chocolate.
- 5. How did you get that cut?

Monday Tuesday

a. I ran with scissors. Bad idea! b. I ate too much ice cream. Bad idea!

### Work with a partner. Listen. Talk and stick. TR: 61

What happened on Monday?

His brother got a cut on his finger.



### **GRAMMAR TR: 62**

a cut  $\longrightarrow$  to cut a burn  $\longrightarrow$  to burn

Ouch! I cut **myself.** Be careful. Don't hurt **yourself.** My brother burned **himself** on the stove. He shouldn't cook by **himself.** Look at that bandage. Did she hurt **herself?** 

**Read and write.** Complete the sentences.

1. Last week 1 ran with scissors and 1 fell. 1 cut \_\_\_\_\_

2. When my sister touched the stove, she burned

\_\_\_\_\_. It was terrible.

3. You are always sick! You should take care of \_\_\_\_\_\_

4. My brother didn't listen to me, and he hurt \_\_\_\_\_

9 Play a game. Cut out the cards on page 109. Glue the cards. Listen. TR: 63



# **Get Well Soon**

Take care of yourself. You know what to do. Exercise a lot and eat the right food. But once in a while, when you don't feel well, here are some things that you should do.

### THE SOUNDS OF ENGLISH TR: 65

vet

11)

**Listen and say.** Underline the *v* sound in each word.

vet very visit vegetable fever every relative invitation

### Listen and read. TR: 66

# Why Do We Sneeze?

Aaaaa . . . choo! When you have a cold, you often sneeze. Why? Because germs make a home in your nose, and they tickle you! Sneezing is your body's way of sending germs out of your nose. Many animals sneeze, too!

What happens? Your nose doesn't like the germs, so it sends a message to a part of your brain called the "sneeze center." The sneeze center sends a message to your muscles. Then all your muscles push hard. Even your eyes push. That's why you close your eyes when you sneeze! You should have a tissue ready because the sneeze happens very quickly. A sneeze can travel as fast as a car!

A sneeze from one person on the subway can reach 150 other people.



## Work with a partner. Ask questions and take notes. Take turns.

	Sneezing
Why?	
Who?	
How?	
How fast?	

How many people?



Iguanas sneeze more than any other animal! How many people can a sneeze reach?



lt can reach 150 people.



# Be prepared.

How can we be prepared for illness and accidents?

A rope rescue in Sedona, Arizona, USA



Hayat Sindi, UNESCO Goodwill Ambassador for Sciences Emerging Explorer

"My mission is to find simple, inexpensive ways to check on the health of people in distant places and difficult conditions."



### Unit 8

# My Favorites

### Check T for *True* and F for *False*.

- 1. These people are moving slowly. (T) (F)
- 2. Some people look scared. **(T) (F)**

### Look and write.

3. What are they thinking? Write a caption.

Genting, Pahang, Malaysia





### Listen and read. TR: 67

### Listen and repeat. TR: 68

Wax museums are **amazing**. You can see hundreds of **famous** people. The people aren't real, but they look real!

In these **cool** museums, you can say "Hi" to all your favorite **actors** and **popular** TV stars. You can *hear* some of them, too! Meet a singer or actor from a **funny movie**. Take photos with a famous **person** or stand next to an **athlete** like Yao Ming. He's **great**.

There are interesting characters from history, too, like Cleopatra and Genghis Khan!

Cleopatra, Courtesy of the Wax Museum of Madrid



**Work with a partner.** What did you learn? Ask and answer.



### GRAMMAR TR: 69

I think Yao Ming is **the greatest** basketball player in the world. J.K. Rowling is **the most amazing** writer I know. In your opinion, what's **the funniest** movie of all?



**Read.** Complete the questions.

1. Who is \_\_\_\_\_\_ in the world? (amazing / singer)

2. In your opinion, who is \_\_\_\_\_? (cool / athlete)

3. What is \_\_\_\_\_\_ you watch? (interesting / TV show)

4. What is \_\_\_\_\_\_ of all? (funny / movie)

What about you? Work with a partner. Ask and answer. Complete the chart. Take turns.

Questions	Ме	My partner
1. who / cool / singer		
2. what / interesting / video game		
3. who / funny / actor		
4. who / great /athlete		

### Listen and repeat. Then read and match. TR: 70





a hobby

a sport





a school subject



a writer

- a. I like playing sports and going out with my friends.
- b. Well, 1 like tennis. But 1 think soccer is the best.
- c. 1 don't have one. 1 like all my school subjects.
- d. She's from India. She's very famous.
- e. My parents do, too!

### **Work with a partner.** Stick and talk. Take turns.

I put sports first. I love soccer!

I put sports last! I don't like them.

- a TV show
- 1. What's your favorite sport?
- 2. My parents watch a lot of boring TV shows!
- 3. Which country is that writer from?
- 4. What are your favorite hobbies?
- 5. What's your favorite school subject?

### **GRAMMAR TR: 71**

I'm **good** at music. I'm **better** than my friend at sports. And I'm **the best** in our class in English!

A cough is **bad;** a cold is **worse;** but a fever is **the worst!** 

### Complete the sentences.

1 love soccer. It is \_\_\_\_\_\_ free time activity of all! It's

much \_\_\_\_\_\_ than TV because you go out and have

fun. 1 think TV is \_\_\_\_\_\_ for your health because you

don't get any exercise. And video games are \_\_\_\_\_

because you don't learn anything!

**Play a game.** Cut out the cards on page 111. Play with a partner.



### 10 Listen, read, and sing. TR: 72

## You're the Best

I really like to play soccer. One day I could be great! I'll learn from my favorite athletes: work hard, practice, and wait!

Some days I dream of fans and fame in movies and on TV. I study the moves of my favorite actors. I'll be just like them, you'll see!

### THE SOUNDS OF ENGLISH TR: 73

first word learn curly

### Listen and say.

1. f <u>ir</u> st	th <u>ir</u> st	w <u>or</u> st
2. w <u>or</u> d	h <u>ear</u> d	th <u>ir</u> d
3. h <u>ur</u> t	sh <u>ir</u> t	sk <u>ir</u> t
4. <u>ear</u> ly	c <u>ur</u> ly	



### Listen and read. TR: 74

# **Amazing Acrobats**

Most Chinese acrobats join the circus when they are six years old, but they can spend ten years practicing just one act!

- a. Juggling: Acrobats use their feet to juggle things. They juggle tables, chairs, umbrellas, plates, and even people!
- b. Cycling: In this act, acrobats use "monocycles" (bicycles with one wheel). The most famous act is the "bird."
- c. Tight-wire: This act is about 2,000 years old. Brave acrobats walk, cycle, or jump on a wire that is high in the air.Don't miss Chinese acrobats. They're the best!
- **Read.** Label the pictures on the right a-c.
- **Work in a group.** Compare your opinions. Write your group's decision in each box of the chart.

easiest	coolest	group favorite
	easiest	easiest

I think juggling is the most difficult.

No way! Tight-wire is much more difficult.



Some Chinese acrobats called "gastriloquists" make the sound of birds, animals, crying babies, and machines while they do their acts.







# Find a role model.

Think about a person who inspires you. Why is he or she special?

> Bengal tiger, Bandhavgarh National Park, India



Aparajita Datta Wildlife Biologist Emerging Explorer

"When I was a young girl, I always wanted to be working with wildlife. But it's only because I had really great science teachers in school who gave me that interest in biology."





**Listen.** How did this family live? Listen and draw lines from column A to B. TR: 75



**2** Listen again. How often did the family members do each activity? Draw lines from column B to C. TR: 76

Write. Prepare five questions about favorites for your classmates.

- amazing popular famous interesting
- cool funny great best / worst

actor person hobby sport TV show movie vegetable athlete

**Work in a group.** Take turns. Ask and answer the questions you wrote. Do you share any favorite things?



**Look and read.** Look at the picture below. What's wrong? Complete the sentences. Use the words in the box.



should shouldn't herself himself

- 1. The stove is still hot. The boy \_\_\_\_\_\_ touch it.

   He can burn \_\_\_\_\_.
- 2. The knife is sharp. The girl can hurt \_\_\_\_\_
- 3. The medicine bottle is open. Adults \_\_\_\_\_\_ always put away medicine.

# **Look and read.** Read the sentences. Circle which clock each sentence is about.



- 1. This clock is for younger children. It's smaller than the other clock for children. (a) **b c d**
- 2. It is the most modern clock. **a b c d**
- 3. This one is good for children. It's more expensive than the other children's clock. **a b c d**
- 4. It is the most old-fashioned clock. It's the tallest, too. **a b c d**

# Let's Talk

### What's wrong?

### I will . . .

- ask how someone is feeling.
- describe how I feel.
- show that I care or understand.
- make a suggestion.

### Listen and read. TR: 77

Aziz:	What's wrong?
Sawsan:	l feel sick.
Aziz:	Oh, no. What's the problem?
Sawsan:	l have a stomachache.
Aziz:	Why don't you tell Mom?
Sawsan:	Yeah, that's a good idea. Mom!

What's wrong? What's the matter? **I feel sick.** I don't feel good. I'm not feeling well.

**Oh, no.** I'm sorry. That's too bad. Why don't you \_\_\_\_? You should \_\_\_\_\_

**Work with a partner.** Describe how you feel. Use the chart. Take turns.

### I don't understand.

#### I will . . .

- politely interrupt.
- express confusion.
- check that someone understands.
- thank someone and reply.

### 3

### Listen and read. TR: 78

Nikolai:	Let's start the game.
Olga:	Hang on! I'm lost. How do we play?
Nikolai:	First, you have to spin the spinner.
	Then you move your counter. Got it?
Olga:	Yeah, I think so. Thanks.
Nikolai:	No problem.

Hang on! Wait. Wait a minute.	<b>Got it?</b> Does that help? OK?	<b>I think so. Thanks.</b> Oh, I see! Thanks.	<b>No problem.</b> You're welcome.
-------------------------------------	--	---	---------------------------------------

- Listen. You will hear two discussions. Read each question and circle the answer. TR: 79
  - 1. Does the boy understand the instructions after the girl explains them? a. yes b. no
  - 2. Which expression does the boy use?a. Do you see now?b. Got it?c. OK?
- 5 Work in pairs. Practice discussions. Imagine you are playing one of these games. One student doesn't understand. The other explains.
  - 1. A card game
  - 2. Bingo
  - 3. A board game

# Irregular Verbs

Infinitive	Simple Past	Past Participle	Infinitive	Simple Past	Past Participle
be	was/were	been	light	lit	lit
beat	beat	beaten	lose	lost	lost
become	became	become	make	made	made
begin	began	begun	meet	met	met
bend	bent	bent	pay	paid	paid
bite	bit	bitten	put	put	put
bleed	bled	bled	read	read	read
blow	blew	blown	ride	rode	ridden
break	broke	broken	ring	rang	rung
bring	brought	brought	rise	rose	risen
build	built	built	run	ran	run
buy	bought	bought	say	said	said
catch	caught	caught	see	saw	seen
choose	chose	chosen	sell	sold	sold
come	came	come	send	sent	sent
cost	cost	cost	set	set	set
cut	cut	cut	sew	sewed	sewn
dig	dug	dug	shake	shook	shaken
do	did	done	shine	shone	shone
draw	drew	drawn	show	showed	shown
drink	drank	drunk	shut	shut	shut
drive	drove	driven	sing	sang	sung
eat	ate	eaten	sink	sank	sunk
fall	fell	fallen	sit	sat	sat
feed	fed	fed	sleep	slept	slept
feel	felt	felt	slide	slid	slid
fight	fought	fought	speak	spoke	spoken
find	found	found	spend	spent	spent
fly	flew	flown	spin	spun	spun
forget	forgot	forgotten	stand	stood	stood
forgive	forgave	forgiven	steal	stole	stolen
freeze	froze	frozen	stick	stuck	stuck
	got	gotten	sting		stung
get	-		stink	stung	0
give	gave	given		stank	stunk
go	went	gone	sweep swim	swept	swept
grow	grew hung	grown	swing	swam	swum
hang	had	hung had	take	swung took	swung taken
have		heard	teach		
hear	heard hid			taught	taught
hide	hit	hidden	tear tell	tore told	torn told
hit		hit			
hold	held	held	think	thought	thought
hurt	hurt	hurt	throw	threw	thrown
keep	kept	kept	understand	understood	understood
know	knew	known	wake up	woke up	woken up
leave	left	left	wear	wore	worn
lend	lent	lent	win	won	won
let	let	let	write	wrote	written
lie	lay	lain			

### Unit 1 Let's Move TR: 7

We like to feel fit. We like to have fun. We like to play hard. Let's move now, everyone!

### We want to feel healthy. We want to feel fit. Come on, everybody. Stand! Don't sit!

What did you do to be fit today? What did you do to be strong? What did you do to be fit today? What did you do?

Did you move your legs? Yes, I did! Did you stretch your back? I did that a lot! Did you get enough sleep? Yes, I did! Did you eat a healthy snack? Oops, I forgot!

Don't worry. Tomorrow is another day. You can try again. It's OK!

We like to feel fit. We like to have fun. We like to play hard. Let's jump now, everyone.

#### **CHORUS**

What did you do to be fit today? What did you do to be strong? What did you do to be fit today? What did you do? Did you stretch your muscles? Yes, I did! Did you touch your toes? I did that a lot! Did you bend your knees? Yes, I did!

Did you wiggle your nose? No, I forgot!

Don't worry. Tomorrow is another day. You can try again. It's OK!

We like to feel fit. We like to have fun. We like to play hard. Let's dance now, everyone.

#### **CHORUS**

### Unit 2 Celebrate! TR: 16

We went to a carnival. Everyone was there! We dressed up, sang some songs, and watched a parade.

But best of all, we danced to music, wonderful music. We danced to music all day long.

We danced to music, wonderful music. We danced to music all day long. Did you like the food? Yes, I liked the food. Did you dress up? Yes, I went as a frog.

#### **CHORUS**

Did you like the costumes? Yes, I liked the costumes. Did you see any masks? Yes, we saw some masks.

### **CHORUS**

### Unit 3 Free Time TR: 25

Free time, free time, free time is great. There is no school, and I can sleep late. In my free time I like to have fun. I throw and catch. I jump and run.

What did you do on your weekend? Did you stay at home? Did you have some fun? What did you do on your weekend? Did you go outside and play in the sun?

Did you go fishing? Did you play baseball? Did you go walking? What did you do?

Did you go swimming? Did you go hiking? Did you go horseback riding?

I didn't go fishing or walking.I didn't go swimming or hiking.I played a game with my little brother.I went to the movies with my mother.

### **CHORUS**

Did you go fishing? Did you play baseball? Did you go walking? What did you do?

Did you go swimming? Did you go hiking? Did you go horseback riding?

I stayed at home. I played with everyone. I lost at baseball, but it was fun. I texted friends. I helped cook dinner. When I help out, I feel like a winner.

#### **CHORUS**

Free time, free time, free time is great. There is no school, and I can sleep late. In my free time I like to have fun. I dance and sing. I play and run.

### Unit 4 We're All Different TR: 34

I'm taller than you. He's taller than me. We're all different. Yes, we're different. And I like being me!

My dad is shorter than your dad. Your dad is younger than mine. Our car is faster than their car. Your car is faster than mine. It goes fast.

### **CHORUS**

My dog is smarter than his dog. That dog is bigger than mine. My dog is funnier than your dog. It's happy all the time.

#### **CHORUS**

### Unit 5 Something's Growing TR: 46

Pumpkin, lettuce, peppers, and beans.
Something's growing, and it's green.
Pumpkin, lettuce, peppers, and beans.
Something's growing, and it's green.
Working in the garden,

working in the sun, working in the garden is a lot of fun.

I have to water the garden. I have to weed and dig. l look after my garden. Those weeds grow very big!

- Pumpkin, lettuce, peppers, and beans. Something's growing, and it's green.
- Pumpkin, lettuce, peppers, and beans.
- Something's growing, and it's green.
- We can pick cabbage in the garden. We can pick some green beans, too.

We can plant carrots in the garden.

I like to garden, don't you?

### **CHORUS**

- Pumpkin, lettuce, peppers, and beans.
- Something's growing, and it's green.
- Pumpkin, lettuce, peppers, and beans.
- Something's growing, and it's green.

### Unit 6 Yesterday and Today TR: 54

Things were different long ago, different in so many ways. Things were different long ago, different from today.

Long ago, children walked to school, but today I ride my bike.

Long ago, we learned to sew our own clothes,

but now we buy the clothes we like.

### **CHORUS**

We used to read by candles at night. But now we read by electric light. We used to talk only face-to-face. Now we use a cell phone to call a different place.

#### **CHORUS**

People spent time with friends by the fire. Instead, now we play video games. But a friend is still a friend until the end. Some things will never change!

### **CHORUS**

### Unit 7 Get Well Soon TR: 64

Take care of yourself. You know what to do.

Exercise a lot and eat the right food. But once in a while, when you don't feel well,

here are some things that you should do.

If you have a stomachache, you should tell your mother. If you have a broken arm, you should see the doctor. If you have a toothache, you shouldn't eat sweets.

Go to the dentist and stay away from treats.

#### **CHORUS**

If you get a scratch from climbing a tree, a first-aid kit will help you to take care of your knee.

If you have a headache, you can stay in bed or you can take some pills to help your aching head.

Take care of yourself. You know what to do. Exercise a lot and eat the right food. But once in a while, when you don't feel well, take care of yourself and get well soon!

# Unit 8 You're the Best TRE

How do I know what KI want one day? How do I know what KI be? Who can help me to find my way and show me how to be a better me?

I really like to play soccer. One day i could be great! I'll learn from my favorite athletes: work hard, practice, and wait!

Some days I dream of fans and fame in movies and on TV.I study the moves of my favorite actors.I'll be just like them, you'll see!

### CHORUS

I really love the natural world: jungles, mountains, and caves. Like my favorite explorers, I'll go on adventures for days and days!

I read the most talented writers, and dream about writing a book. I'll work very hard in school. Becoming a writer would be so cool!

### CHORUS

96

Unit 1 Cutouts Use with Activity 8 on page 10.







99

Unit 2 Cutouts Use with Activity 8 on page 20.



Unit 3 Cutouts Use with Activity 9 on page 30.





Start



















Unit 4 Cutouts Use with Activity 10 on page 40.



after lunch	after school	tonight
on Saturday	before school	after dinner



Unit 5 Cutouts Use with Activity 5 on page 52.












a famous person	food	a TV show	a school subject
a sport	a writer/book	a hobby	music/a song
interesting		boring	great
	pag	amazing	bobular

Unit 1 stickers















Unit 2 stickers





















































Unit 5 stickers

once a day twice a day

three times a week

every day

on Saturdays













Unit 7 stickers

bruise

scratch

cut

broken



tissues















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## Photography

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